



II Liceum Ogólnokształcące
im. K.K. Baczyńskiego w Radomsku

MARCH 2014
NO. 25

THE READER

OUR ENGLISH MAGAZINE



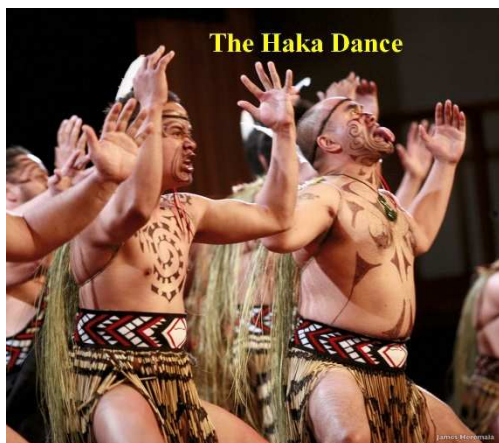
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Urbanator Days

In September there was a music workshop "Urbanator Days" in the City Cultural Center (MDK) in Radomsko. Everybody who had an instrument could come and take part. The workshop was led by Mr. Michał Urbaniak. He is a music star. He plays the violin, saxophone and clarinet. He was very nice and outgoing so the atmosphere was good. Mr. Michał Urbaniak tried to talk to everyone and gave valuable tips on playing the instrument. I met many interesting people. A lot of people had taken part in that event before so they were more experienced than me. After four hours of the workshop, everybody could play with Mr. Michał Urbaniak on stage. It was an unusual experience. I remember it very well and I think that next year I will go to the workshop again. It was great. I recommend it to all of you.

Magdalena Witkowska II a

To cheat or not to cheat... my friend

During English lessons I sit at one desk with my sister, Karolina. She is nasty, unfriendly... okay, okay – I'm joking. She is very crazy and friendly. I like sitting by the window during English lessons but Karolina also likes sitting there and we very often race who will take the place by the window first. English lessons are funny but sometimes we write unannounced short tests. Then everybody asks themselves the question, “Who can I cheat from?”. However, it's so that nobody can really cheat because the teacher keeps an eye on us :(Children have to learn, not cheat.

~ the end ~

Ola Tatara IIa



Cats and dogs...

Have you ever thought about the role of animals in our life? Most of you probably haven't, but many people would answer, "yes, animals are important". However, is it true?

Let's begin with dogs, the most famous friends of humans. All of us have experienced or heard about heroic acts. I will present one of the examples. One day an elderly man found a little dog. He lived in Philippines, where dogs are treated like food. He decided to fatten the dog and eat. The man wanted to kill the dog. However, two of his granddaughters stopped him from doing the act. Children became friends with the dog.

Once, when the girls were playing on the road, the dog spotted a motorcycle speeding directly to them. The dog started running and tossed itself under the wheels. The motorcycle swung and missed the girls, but the dog lost its jaw. Kobanga, the dog, was rewarded for saving the girls and their lives. Fortunately, the dog survived and was treated like a hero.

Some dogs find lost people in the mountains, others help the disabled, some seek drugs, and others help the police catch criminals. However, if we look at our next door Azor, do we think about the race of noble deeds? Sure not. But does this mean that it isn't a hero? After all, if it had not been for our dogs, we would be exposed to burglary, theft, and sometimes even assault. Some dogs protect our belongings from people, others from wild animals. They help us in everyday life. They lead herds, seek stray animals, and even inform a host about the dangers to the flock.



Now the question is whether farmers are good to their dogs. Consider the role of a dog in the family living in a big city. Most parents do not have much time for their children. Then the dog becomes their guardian. It guards your home against intruders and in some way, raise children. We are not aware of how much influence animals have in shaping the human character. They teach us, above all, responsibility and respect. They show what love, friendship and devotion are. We learn to be caring, understanding and compassionate.

However, a busy married couple is not helpful. When a tired parent comes home, he or she is strongly stressed and dull. Then the animal helps to calm and soothe the body. Stroking your pet is able to de-stress and sensitize the senses. In addition, pets are good for lonely people. Pets are their family, and a person feels needed. Sometimes it happens that a person faints, then a loud yelp of a scared dog informs neighbors about the problem.

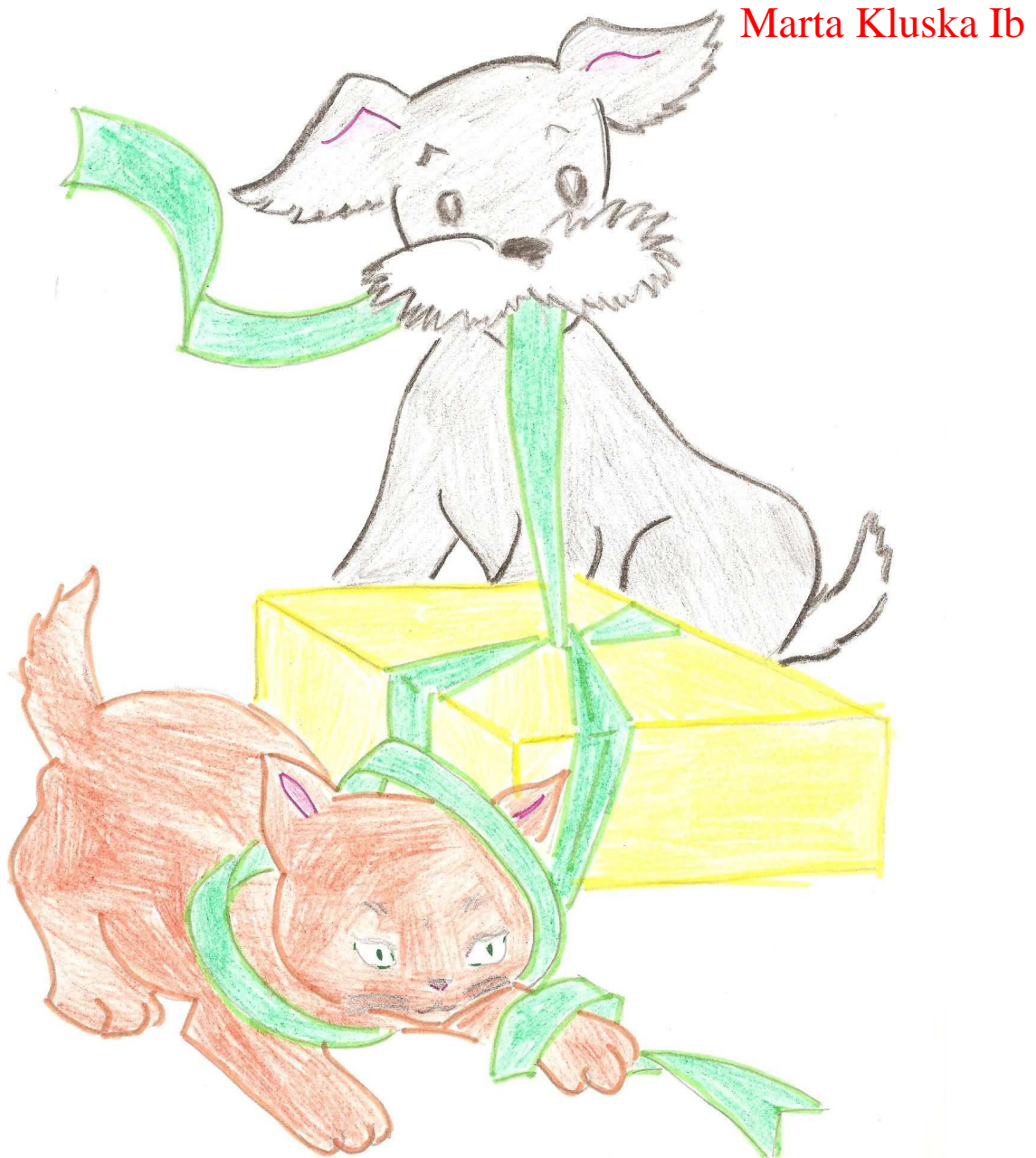
Cats also serve important functions in our lives. First of all, they support us emotionally. Examples of merit are many. Let me tell you about the situation that happened to me while writing this article. I was already in the middle of writing about dogs. When, by mistake and haste, I removed all the text, I began to cry with grief and anger. My cat, lying quietly on a chair next to me,

The cat jumped to its feet and began to meow, then jumped on my lap and started purring to comfort me. Devastated, I grabbed her and hugged hard. After a while, her purr calmed me down and my face smiled. The cat settled down comfortably on my lap, and I started to work again. It also happens that when I'm sick and complaining, my cat comforts me without resistance.



Scientists have shown that cat's purring regulates the heartbeat. So my dad, who has heart problems, also refers well to its presence. Whenever he feels bad, he starts patting my cat, which clearly helps him. But my mom, who is a strongly overworked person, can calm down and relax while stroking the cat.

Now, we can certainly say that animals play a very important role in our lives. Let us remember this, and let's respect them.



Marta Kluska Ib

Picture: Olga Pacholik II a



The Haka Dance

The Maori people have original traditions. One of their most popular tradition is the haka dance. They dance in traditional Maori costume called kakahu. This includes a grass skirt and a belt. The belt has different designs on it. They represent elements of nature, such as the waves of a river. Earlier it used to be a war dance. Now, the haka is danced on special occasions such as welcoming visitors. The dance is learned at schools. Soldiers and rugby players also perform this dance.

Fascinated, Ie

Musical summer '14

Every year during summer there are some amazing music festivals in Poland.

The first one is Orange Warsaw Festival which takes place at the National Stadium from 13th to 15th June. Concerts are divided between two stages, Orange Stage and Warsaw Stage. On the first one there will perform Kings of Leon, Queens of the Stone Age, Pixies, Florence and the Machine, David Guetta and Kasabian. On the second one we will see inter alia Snoop Dogg Aka Snoop Lion and Bring Me the Horizon. These artists represent such kinds of music as pop, rock, alternative, dance, hip-hop, reggae or electronic music so everyone should find the festival interesting.

Three weeks later in Gdynia, there will be another festival that presents similar types of music to OWF, called Open'er Festival (from 2nd to 5th July). It offers us concerts of groups like The Black Keys, MGMT, Pearl Jam, Foals and Phoenix.

However, if you are into a little bit less commercial music, you can go to Kostrzyn-upon-Odra and enjoy the Woodstock Festival (from 31st July to 2nd August). The performances are divided between three stages there: the big one, the small one and the Krishna stage. There hasn't been a full list of artists playing in Kostrzyn this year announced yet but we know some names of bands which are invited. For example Skid Row, Volbeat, Accept, Ky-mani Marley, T.Love, Budka Suflera, Lao Che, Carrantuohill, Piotr Bukartyk or Ga-Ga Zielone Żabki.

It seems that this summer is going to be extremely fun for people interested in various types of music but first we have to focus on learning and survive the school year.

Agata Toczyńska, Id



Idea for the winter holiday

Next winter holiday will come sooner than we expect, so we should think how to spend it.

There are a lot of possibilities. You can choose to go somewhere. Teenagers usually go on winter camps, where they can meet new people and make friends. The most popular destination in Poland is Zakopane, the capital of the Polish mountains. There are good conditions to go skiing or snowboarding. Don't worry if you can't ski. Certainly, you will find some places where you can learn. If you aren't a skiing fan, Zakopane offers many other attractions, for example, a walk down the main street called Krupówki, where you can buy original hand-made souvenirs.

For those who are not able to go away, the city will definitely organise interesting ways of spending free time, such as ice-skating on specially prepared ice rinks or watching new films at the cinema. Young children can take part in art or dance classes and teenagers often decide to go to a concert. They also meet friends and go for a pizza.

So, as you can see, even if you stay at home, you don't have to be bored. Simply look around and choose the best way of spending your winter holiday.

Patrycja Bartosik, kl I B

Góry Stołowe National Park

Currently, Poland has a total of 23 national parks protecting endangered species and areas of natural beauty all around the country. Góry Stołowe National Park is located in the south-west part of the country near the Polish-Czech border. Experts say that about 600 different types of plants can be found here. The park is also a home for deer, hedgehogs and rare birds.

What makes the park unique, however, is that it doesn't comprise bogs or animals, but a great number and variety of different rock formations. The most interesting ones can be found near the peak of Szczeliniec. Here, wind and rain have caused the soft chalk sandstone to crack.

Many rock formations resemble people, objects or animals, for example, 'the Camel' or 'the Elephant'.

The extraordinary stone creatures make the Góry Stołowe National Park an unforgettable place of mysteries.



Ada Jarzębska le

Computer games - a waste of time or ...

Most people think that computer games are a waste of time, but is it really true? In most cases, yes. However, there are games for which it is worth losing a little bit of time. I can tell you something in my example.

I used to play a game based on cooperation. I met a lot of people. Even when I stopped playing, those friendships remained. I also met a certain Englishman, who I talk to via Skype from time to time. The only way to communicate with him is English. Thanks to this friendship I am able to speak English more fluently.

If you do something with restraint, there is a possibility to get some benefits from this. If the game is more important than your responsibilities, you spend a lot of time with it and you play only for fun, you should consider if it is just a waste of time.



MaTT



Teen Magazines

Many teenagers all over the world like reading various magazines. Two very popular magazines in Poland for girls are “Bravo” and “Twist”. They have a lot of information about beauty and fashion. They also contain celebrity gossip, real-life stories, horoscopes, quizzes and problem pages. Many girls’ magazines can help teens to find solutions to problems which they don’t feel comfortable to talk about with parents.

Of course, boys don’t find these magazines very interesting. They often buy magazines about sport and music like “Bravo Sport” or “Sport & Style”. These magazines contain a lot of information about sport, athletes and the field of sport.

Both girls and boys who don’t like sport and celebrity gossip buy magazines which contain many useful information. For example, “Cogito”. The magazine includes sections on technology, methods of self-education, developing passions, sport, travel, and shopping. There is also a counseling department. Specialists trained in psychology, medicine, nutrition or image provide answers to readers' questions. In "Cogito" you can find a text related to the secondary school certificate and choice of fields of study. In addition, there are articles on the labor market.



Paulina Szczypkowska Ib

Blue Monday – nonsense or reality?

Blue Monday is an invention of an American pseudoscientist – Cliff Arnal. According to him, there is a special date on the Monday of the last full week of January, in which everyone feels sad and disappointed. In Mr Cliffs's opinion, it's the most depressing day in the whole year. Since 2004 we've been attacked by media about our feelings this day and asked if we are really as depressed as Mr Arnal says.

To set the date of Blue Monday, he has taken into account the time that has passed from Christmas, the level of debts and sadness caused by not keeping the New Year's resolutions. He even uses the special 'mathematic formula', which sometimes is described by critics as 'nonsensical measurements'

This year, Blue Monday was set on 20th January. Personally, I was happier than normal. I had a winter break and could sleep longer. I didn't notice any signs of depression during the day. I asked my mum, who was working as usual. I asked her how she felt. She said that fine, as always, nothing special. She was a little bit tired, but after 8 hours at work – I was totally not surprised. My dad was quite nervous, because he was hurrying to work and the car was frozen, but was that really because of Blue Monday or weird weather in Poland? In the evening, I was meeting my friends. We were having fun. Again – no depression at all.

In conclusion, Blue Monday is another stupid idea which doesn't make sense. Any day can be worse, because of some personal reasons. Maybe for some people it was the best day of their lives...



Ewa Markiewicz, Id

"When dreams come true"

Everyone of us has some dreams. Someone has bigger dreams and others - smaller. But not everyone believes that dreams may come true! I think that something impossible can be possible if we really want this and a perfect person who shows it is Łukasz Jakóbiak.

Łukasz Jakóbiak is quite a popular person now (mainly on the Internet). He is 29 years old and he's graduated from Warszawski University. One of the reasons why Łukasz has become recognised is his Internet talk show - "20 m² Łukasza". He invites celebrities to his flat and does interviews with them. However, Jakóbiak's show is different than the rest - his flat is very small (hence the name of this show) and all talks are recorded by a mobile phone. This might seem unprofessional but Łukasz and his friend do a really great job and viewers love watching "20 m² Łukasza". And more and more people want to visit Łukasz in this flat. This all sounds amazing but only 2 years ago almost no one knew him. So what has happened that he's so popular?

Łukasz Jakóbiak has a head full of various ideas. He had always really wanted to work for media - TV, radio or phonography. But nobody wanted to hire him. He came up with an idea - he hang a huge CV (18 m² and 15kg) on the wall. And... many companies wanted to work with him! This was his first big success. Łukasz started to organize i.e. massive music events. His next aim was meeting with a completely unavailable celebrity. This was Lady Gaga. Everybody said that it was impossible. But if someone says that something is impossible... Jakóbiak just does it! ;) He had been working for 6 months to have a chance to meet her. Lady Gaga's concert in Gdańsk was a big opportunity for him! Łukasz had prepared two banners. They were huge and very interesting. The singer saw them and read but they didn't meet. He didn't give up. He asserted everybody that he would fly to the USA. He found a sponsor

and flew to Lady Gaga's concerts. Łukasz prepared a few funny banners with his pictures and asking for a meeting. He hadn't forgotten to write his phone number. Jakóbiak was thinking what he should do to draw more of her attention. He decided that he would order a huge balloon which imitated a present. It included a letter for the singer. During the concert he saw that the pumps had broken down. He was in trouble! He had to inflate it manually (45 minutes). This was successful. Lady Gaga received the gift. And everyone was interested in Łukasz. Lady Gaga's mother and her stylist approached him. Lady Gaga saw all of this, thanked for the gift but she didn't call him and didn't write an SMS :) The concert finished. Łukasz decided to wait at the backstage. Maybe she would recognize him. He was waiting for 2 hours! Finally, when she was leaving that place, she recognized him. She stopped the car and they took a few photos. This story made people start talking about Łukasz. His next target is to host the president Bronisław Komorowski in "20m² Łukasza" and I know that it will definitely soon happen.

Łukasz Jakóbiak shows that everything may be real. If we really desire something and everybody says that it's impossible, it motivates most. He repeats, "If you do not go for something you want, you will never get it. If you do not move forward, you will always stay back". We ourselves create barriers for fulfilling our dreams. We are afraid of other people's opinion. We have to fight with this! The most important thing is to believe in yourself. Łukasz may be a role model for many young people who are afraid to make their dreams come true.

Kinga Walczak II a

Does the car can represent art?

Many of you will say "No!", but I will try to change your mind by showing you some arguments. What exactly is art? Aunt Wiki says, "Art is a diverse range of human activities and the products of those activities. Visual arts includes the creation of images or objects in fields including painting, sculpture, printmaking, photography, and other visual media". Yes, yes,



yes, this definition does not mention the word "car". Really? What if we pretend a car is a sculpture or visual media? It is quite funny because that guy beside the article (let's call him Bob) is a sculptor. And it is totally true. Take a look back at



50s and 60s, for example. Machines and assembly line technique of mass production was a hell of expenditure for newborn automotive company. Cars were built with hands and tools. In 1954 "our Bob" (I should have called him Rudolf Uhlenhaut) designed Formula One car [W196R](#) later called "[Silver Arrow](#)" for Mercedes-Benz. I will be honest with you, for me that scrap of metal and rubber is incredibly beautiful – in one word [gorgeous](#). Just look at it.

Let's go further. As (I guess) everybody knows, those paintings and sculptures are popular at auctions. The same story in case of cars. That Merc was put on sale on 12 July 2013 in Bonhams Auctions. The original model from 1954 was sold on the same day for \$29,607,760. Yes...You don't have a problem with eyesight. It is 29 million. That day, that car became the world's most expensive car. For that amount of money we are able to purchase 22 new Ferraris La Ferrari (\$1,3M) and still we will have cash for fuel, which allows us to make a distance from Earth to the Moon and get back again.

If we are not so rich, we can always buy something cheaper. Two Ferraris 250 Testa Rossa were sold in 2009 and 2011 for 17M dollars each. There were couple of Bugattis, Astons, even Alfa Romeo.

You can say that it is ridiculous to buy such an old car, no air conditioning, safety systems or radio. And you know what? You are right. Modern cars are comfy, fast enough and even cheap in maintenance. Some of them are masterpieces of technology, some of them are handmade like Rolls Royce.

Call me crazy. I am mad about car like Ferrari form 60s, because nowadays, something like that is no longer a simple car. It has a heart, living soul of its creator, history and achievements. It is a car that we can call art. It is a car that we can call mate.

Hubert Nowakowski I d



Hip-hop

What it is? Is it rebellion? Is it music of streets? Yes, but it was true in the 90s. Today it is sincerity, self-expression and a way to escape from the reality.

Hip-hop was born in the 70s in New York in Bronx borough when Afrikaa Baambaata was scratching soul tracks and he was persuading young people to dance. It's really popular music today because everybody can sit and write texts and record them later, due to better technology. We live in very good times for Polish hip-hop and I wonder when it will end.

Donatan has got a diamond CD and it's the first Polish rap CD which has got a diamond status. I know that people don't like rap because of strong and vulgar lyrics. But if you try to find something more, maybe you will see that rap has its meaning and gist. Yes, on MTV or Viva they keep playing Lil Wayne or somebody like him, who is rapping about cash, gold and expensive cars. But it is commercial. If you really want to find the good side of rap, check EPMD, Kendrick Lamar, Nas, J. Cole. Just do it.

I don't know why I've written this article, maybe I wanna fight with conservative and old system.



Błażej Gołębiowski II e

Hello England !

How did you spend your winter holiday? I really like skiing and snowboarding but these winter holidays were different than others. I went to Great Britain. The weather was nice. The sun was shining and there wasn't any snow, just like in Poland. I noticed that the English lead active life. Every day, a group of people ran in a park. English are really polite.

One day, I went to Cambridge. The city of Cambridge is a university town in east Great Britain. The University of Cambridge, originally founded in 1209, is the second oldest university in English-speaking area and consistently ranked one of the top five universities in the world. Today, Cambridge is formed of a variety of institutions that include 31 constituent colleges and academic departments, which are organised into six schools.

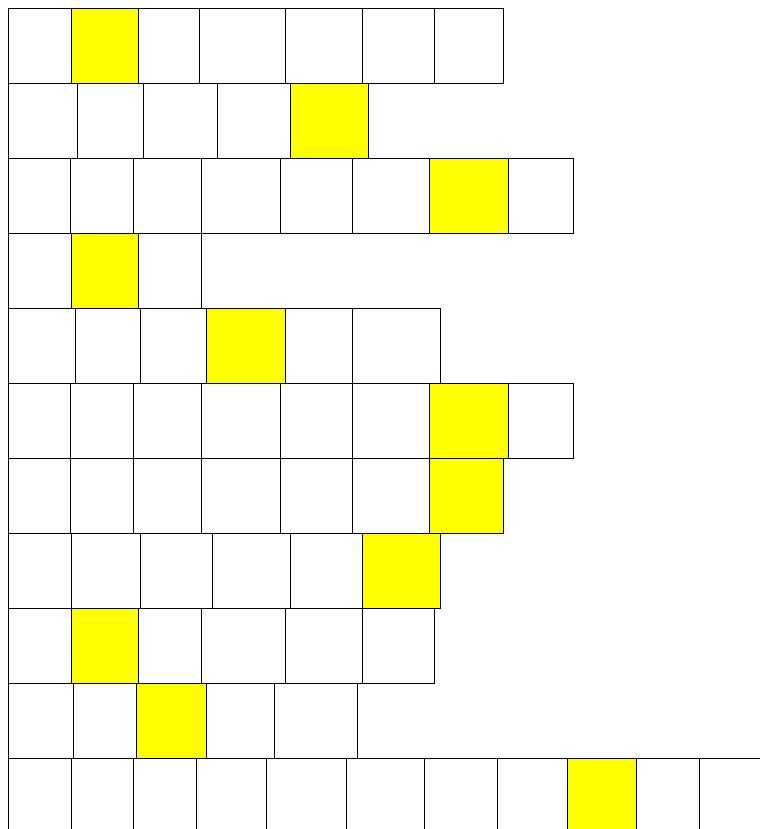


You can't go by car in the city center. You can only go on foot or by bike. Bikes are everywhere. When I was walking, I suddenly saw crocuses. Crocuses were blooming everywhere. It was a beautiful view. Tourists were going by boat on a river. Students were sitting in the restaurants, learning and drinking British tea with milk (it isn't my favourite taste). Of course, Cambridge is beautiful in every season of the year.

In Great Britain there are many monuments and interesting places to see. I went to Luton. Luton is an university town, too. I had never known that... Luton is as big, clean and nice as Cambridge. I like travelling. It was lovely to be there. I saw lots of interesting places and met nice people. My English has got better. I want to go to England again.

Kasia Kowalska 1 e





PYTANIA DO KRZYŻÓWKI

1. A place where drugs are bought.
2. The person who gives injections.
3. If you're feeling really bad and medicines do not help you, you must go to the...
4. You feel bad, you have a runny nose and a cough. You are...
5. If you are sick, you have to go to him.
6. Boli mnie gardło: I have got a ...
7. If you want to stay ... You have to change your lifestyle.
8. 'You must ... a sensible diet' said the doctor.
9. You can feel worse or ...
10. The best medicine is ...
11. This is a box where you keep different kinds of medicines.

HASŁO:

PYRKON- FANTASY FESTIVAL (2014 EDITION)

Pyrkon is one of the biggest fantasy festivals and the most popular culture festival in Poland and even in Europe. It begins in March in Poznań every year. It always begins on the first days of spring (21-23 of March).

At first, it was only the day of fantasy held in one of the schools from Poznań. Nowadays, it's a big festival and every year there are more and more people at it. For example, in the 2010 edition 3,000 people took part in it, in the 2012 edition – 6,000 people and in 2013 there were about 12,300 people! It's a very good festival because it is made by fantasy fans for fans.



Pyrkon is very well organized. There are not just fantasy things. You can do a lot of interesting and wonderful things there! Pyrkon's program allows to:

- go to the movie section, where you can meet people from the movie world and join a movie workshop;
- go to the English section, where workshops are led in English and there you can learn about movies, video games, manga and literature. The workshops are often led by foreign teachers;
- go to the video games section, where you can find game's creators, play new and old school games, sing karaoke and you can also join the tournaments;
- go to the literature section, where you can meet with writers and

every person who is related with literature. You can tell them your opinions and have a good discussion;

-go to the science section, where professional teachers can teach you about astronomy, physics, history, biotechnology and others;

-go to the RPG section, where you can play old RPG with different people. You may join an adventure with knights, magicians, dragons, spells and others;

- go to the comics section, which links fans of comics. You can meet comics' creators and join a workshop;

-go to the games room, where people play board and card games. It's a fantastic place to meet new people for a game, talk about it and have fun;

-go to cosplay section, where you can watch other people who like looking like fantasy characters and if you do it, you can show yourself and meet people with the same hobby.

There are a lot of attractions. Everybody can find something for themselves.

If you are interested, you must look at the official website-www.pyrkon.pl, where you have all information about the festival! If you love fantasy and everything which is connected with that, you must be at the festival! Just enjoy and have fun!

Piotrek Siwko II a



My little love

The city I love visiting is Krakow, the previous capital of Poland. It is situated in the southern part of the country and has about one million inhabitants.

For me, Krakow is the most beautiful city in Poland. There are a lot of monuments and old castles. I really enjoy walking mysterious streets, visiting squares etc. What I love the most are small, cozy cafés by the streets. They have this breathtaking atmosphere which I truly adore in old cities like Krakow. These cafés are unique, quiet places where everybody can walk in and relax after a tiring stroll.

There is one marvelous cafe in Krakow and it is called 'Perełka'. It is really hard to find this place when you first visit Krakow. In some way it is hidden between enormous buildings at one street. Despite this fact it is often crowded and widely known by inhabitants or regular customers. The question is why I love this place so much? It is quite hard to understand without visiting 'Perełka' on your own. It may be this place which makes you want to stay in there much longer than you planned. It may be also this delicious taste of coffee. You may fall in love with this little drink as I did a long time ago.

In short, Krakow is a beautiful old city which I recommend to everyone. There are many places worth seeing like old churches and castles. Apart from that, there are also many unique places like 'Perełka' which make me love this city and want to come back as soon as possible.

Joanna Kowalczyk III B



A new process of education

Good education is really important for our future. It has an influence on our all life. Therefore some high schools let students choose which subjects they want to learn. This solution has a lot of pros and cons.

On the one hand students can gain knowlegde of a particular area of life. They will have better skills than students who must learn everything, because they have more time to study the main subjects.

It is also easier to study only what you are interested in. If someone wants to study medicine, she or he doesn't need to know all historical dates.

On the other hand, students who make a wrong decision, cannot change it. So if they choose subjects they must know what they want to do in the future. These people as adults will have only a little knowlegde about everything. They won't know the history of their country etc. They will have a basic lack of knowlegde from different parts of life.

To sum up, choosing subjects by students has advantages but also disadvantages. It is good for people who know what they want to do and have already chosen a way in their life. But what about the others...?



Joanna Kowalczyk III B

‘The last year’

I am the third class student so this year is the most important in my life and has a huge influence on my future.

The whole knowledge which we have gained in this school will be checked in May. Everybody is frightened but also pleased because of the entrance into adult life.

There is one more positive aspect of being in the last year- ‘Studniówka’. It’s a unique party where all students and teachers are together and have fun. The girls wear elegant dresses and the boys- suits. Everybody looks beautiful. At the beginning eager students dance the polonaise (a traditional dance which is prepared earlier) and everyone can watch it from the balcony. Parents often come to admire their children. After the polonaise the unofficial part starts. It lasts all night and remains in memory forever.

In spite of it all, this party causes a lot of arguments between students. Each class wants to decide about everything, but unfortunately it is not possible. However, this year everything went well and it was the best night in my life.

Joanna Kowalczyk III B



Major tourist attractions in Poland



Poland is a place worth visiting. Apart from its beautiful landscapes it offers visitors many historical places and buildings, as well as rich and interesting history, along with traditional cuisine.

One of the main Polish tourist attractions is Cracow, which is one of the oldest and most beautiful cities in our country. It not only offers many historical places, but also many excellent restaurants. The city has a constantly expanding list of tourist attractions. One of the recently opened places is "The Centre of Japanese Culture" made by Andrzej Wajda.

This - over a thousand years old - country is a magnet to all history lovers. There are countless breathtaking old castles, palaces and old town buildings that draw the attention of numerous foreign tourists. What is more, nowhere else can they experience such a beauty of nature. Polish mountain chains are considered to be ones of the most picturesque in the whole world. There is no other place in the world that would astonish the visitors as much as seeing the Five Lakes valley in Tatra Mountains. Lake lovers can find their paradise in Masuria region, with numerous lakes surrounded by endless green woods.

"We love Poland !"

KLAUDIA ANTCZAK, IIIC

ODPOWIEDZI DO KRZYŻÓWKI

1. CHEMIST
2. NURSE
3. HOSPITAL
4. ILL
5. DOCTOR
6. HEADACHE
7. HEALTHY
8. FOLLOW
9. BETTER
10. SLEEP
11. FIRST AID KIT

HASŁO: HEALTHY WEEK