

# The Reader



*Interesting information about  
Halloween*



Youth art

**What will  
we find  
inside ?**



**Recipes** 

News about sport,  
cilmatic strike in  
Radomsko



Interesting facts about  
fashion, culture of different  
countries and about  
interests



# Halloween



**Halloween is celebrated in the autumn, October 31. This holiday is becoming more and more popular, especially among young people. People in the US, Canada and Great Britain care best about it, but it is becoming more and more known in Poland.**

**The symbols of this event are bats, skulls, ghosts and scary pumpkins that we can make at home. All you have to do is remove the pulp and cut its eyes and teeth, and put a candle inside to give it a dark atmosphere.**

**On this day, from a normal human, we can transform people into a terrible character. Children wear scary costumes, for example ghosts, witches, zombies, vampires and Frankensteins. They walk with buckets from house to house and shout "trick or treat". Then the household members will give them a candy or "little monsters" will make fun of them.**

**So 'TRICK or TREAT'. What do you choose?**



**HALLOWEEN**



**Have you carved your pumpkin yet? Or have you already prepared your costume?**

**Remember! Halloween is celebrated on 31st October in many countries.**

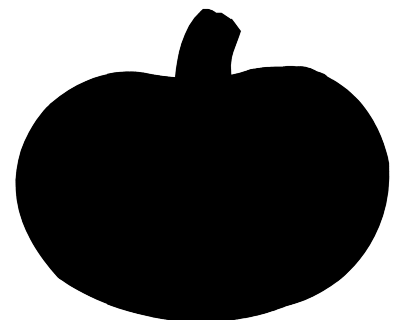
**But where does this tradition come from?**

**Halloween originates from the ancient Celtic feast of Samhain. People used to make fire and wear costumes to scare off evil ghosts and attract good spirits.**

**Nowadays, the main symbol of Halloween is a hollow pumpkin with chipped teeth, which is illuminated from the inside. Children walk from door to door, saying "trick or treat". In addition, children and adults dress up as monsters such as vampires, ghosts and witches. Costumes are also based on TV characters.**

**However, Halloween is not everywhere celebrated in the same way. In Austria, people welcome ghosts by leaving water, bread and a lighted lamp on the table before going to bed on Halloween night. In Germany people put away their knives because they do not want to risk harm to (or from) returning spirits.**

**What about you? How will you celebrate this day? Will you dress up as an evil ghost? Will you go to a party? Or will you stay home and watch a horror movie?**







# Recipes



## **Polish excellence!**

**A recipe for Forest Down – green spinach cake with mascarpone cream and pomegranate**

### **Products:**

#### **Green cake:**

- 450 g of packaged frozen spinach or 450 g of fresh spinach
- 2/3 cup of oil
- 1 cup of sugar
- 3 eggs

- 2 cups of wheat flour

[Kwestiasmaku.com](http://Kwestiasmaku.com)

- 2 teaspoons of baking powder

#### **Mascarpone cream:**

- 250 g of mascarpone cheese
- 200 ml of 36% or 30% cream from the carton (cold)
- 4 spoons of castor sugar
- 1 teaspoon of vanilla
- 1 package of cream-fix

#### **Decoration:**

- pomegranate
- blueberries
- mintleaves



## **Preparation:**

### **Green cake:**

- Thaw spinach, squeeze it, mix with a blender to form a uniform mass. Put in a clean pot and heat up for 1-2 minutes while mixing. Put on a strainer, squeeze. Put the eggs in a bowl, pour warm water and let it stand for several minutes.
- Baking temperature of 180°C. Insert eggs into the bowl, add sugar, beat to a fluffy mass. Pour oil while whipping. Add spinach and mix at low speed with a mixer until all ingredients combine. Mix the flour with the baking powder.
- Pour it into the beaten eggs and mix shortly, only to combine the ingredients.
- Pour the mass into the mould - bottom lined with paper and bake for about 40 - 45 minutes.
- Remove and cool.

### **Mascarpone cream:**

- Put mascarpone cheese and cream in a bowl, add vanilla and castor sugar.
- Beat a few minutes until the mass is fluffy.
- Mix with cream-fix.

### **Final touch:**

- Cut the cake into two parts.
- Put the bottom one on the plate.
- Put out the mascarpone cream on it.
- Use the upper green part of the dough – pick the green center with a spoon and sprinkle it on the cream.
- Decorate with pomegranate, blueberries and mint leaves.

**Bon Appetit!**







## **THE BEST CHOCOLATE MUFFINS ([www.kwestiasmaku.com](http://www.kwestiasmaku.com))**

### **Ingredients:**

- 150 g of butter
- 150 g of chocolate (any kind)
- 300 g of flour
- 2 spoonsof bakingpowder
- ½ spoonof clearsoda
- 3 tablespoonsof cocoa
- 1cup of sugar
- 1tablespoonof vanillasugar
- 2eggs
- 170ml of milk

### **Preparation:**

1. Preheat oven to 180°C degrees
2. Set out twelveforms for muffins on a counter. Melt the butter and cool it. Slice the chocolate into small bits.
3. Put the flour with soda, cocoa and baking powderinto a bowl. Sift and sift it again.
4. Mix eggs with vanilla sugar and milk in the second bowl.
5. And now mix softly all ingredients. The dough must be lightly lumpy, but raw flour shouldn't be seen.
6. Put the doughinto the forms and into an oven. Bake for about 25 mins.



7/12

MAKEOVER

NO



## ***My chocolate muffin private recipe :)***

***Preparation: 5 minutes , Baking: 20 minutes , Number of servings: 12***

### ***Ingredients :***

- 2 cups of wheat flour
- 1 big egg
- 1 flat spoon of baking powder
- 32 g of vanilla sugar
- 3/4 cup of milk
- 1/2 cup of oil

### ***Additionally :***

- 50g white chocolate
- 50g milk chocolate

### ***How to make chocolate muffins?***

#### ***Preparation:***

All ingredients should be at room temperature. We use one standard glass to measure the ingredients. In a bowl, use a spoon to mix all the wet ingredients. First mix an egg, milk and oil. Then add the dry ingredients: cocoa flour, baking powder, fine and vanilla sugar and mix with a spoon until a uniform dough is formed. Cut both chocolates into small cubes and add to the mass, mix lightly with a spoon.

Transfer to silicone moulds using about 2 tablespoons of dough. It is important that the dough takes up to 3/4 of the height of the mould because the muffins in the oven will grow. Bake for about 20-22 minutes at 190°C.

***Bon Appetit !***



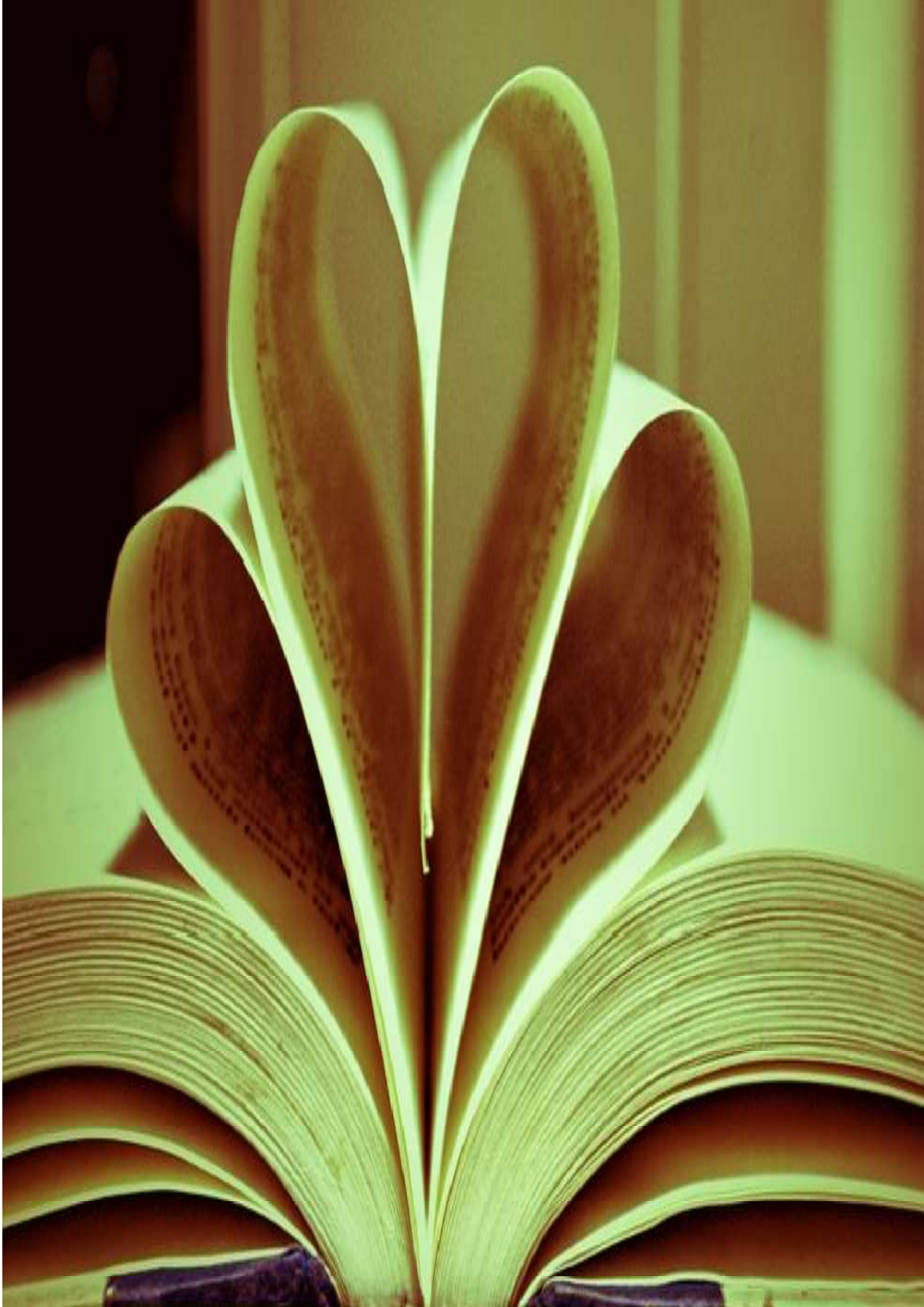




**"Filthy duties"  
Scruffy rats  
Olimp labs  
Clothes' tabs  
Make us  
Shocked by the price  
When the size  
Is less important than being precise  
During every conversation  
Do we care about our nation  
We are not the first generation  
It is high time to admire the miracle of creation  
Our whole universe and beauty  
In the broad sense of human duty**







**People say  
We are only humans  
We cannot be someone special  
Everyone is the same  
But  
They cannot realize  
That  
Everybody can do  
amazing things  
Everybody can be  
a super hero  
What's the hidden answer?  
Your own personality  
is your super power  
  
Use it.**

**Wiktoria Kucharzewska**



## **Young people and art**

**Recently, the „Rożewicz Open Festival” has taken place in Radomsko. So there were many cultural events for a week. For example: „Ferdydurke” by Witold Gombrowicz, the debate „Rożewicz vs Gombrowicz” and many contests and performances. All events were impressive because difficult problems were included there. They were often hilarious, too. The festival was popular and gathered many fans of all types of art. People who like modern art should have seen those events.**

**Things very fashionable for young people are: computer games, sport, music and parties. Art fans rarely show up. Not every school has film or poetry clubs. Very few people read books or go to theaters or cinemas on their own. Moreover, there is an opinion that in Radomsko “there is nothing to see”. The time has come to deal not only with climate problems but also with the cultural development of young people.**



**Good quality of art is an inspiration, a reason for joy and reflection. In the near future many cultural events will take place again. In our Culture Centre there will be performances: „Wesoławdówka”, „Złodziej” or „Jezioro łabędzie” and some concerts, for example by Maciej Maleńczuk and so much more.**

**There are great occasions to love art. If you try to like culture, you will feel the beauty and passion. You don't have to travel far to have fun.**



**An English teacher from school,  
who doesn't like the word 'cool'.  
He always was very sick  
when this word was said by Nick.  
Fortunately, the teacher died on April's Fool.**

**There was a beautiful bee,  
Which always wants to be free.  
The bee doesn't have money,  
Because she was too lazy to make honey.  
And all the bees don't like her house on the tree.**

### **Crazygirl**



# Climatic

# Strike





## Climatic strike in Radomsko

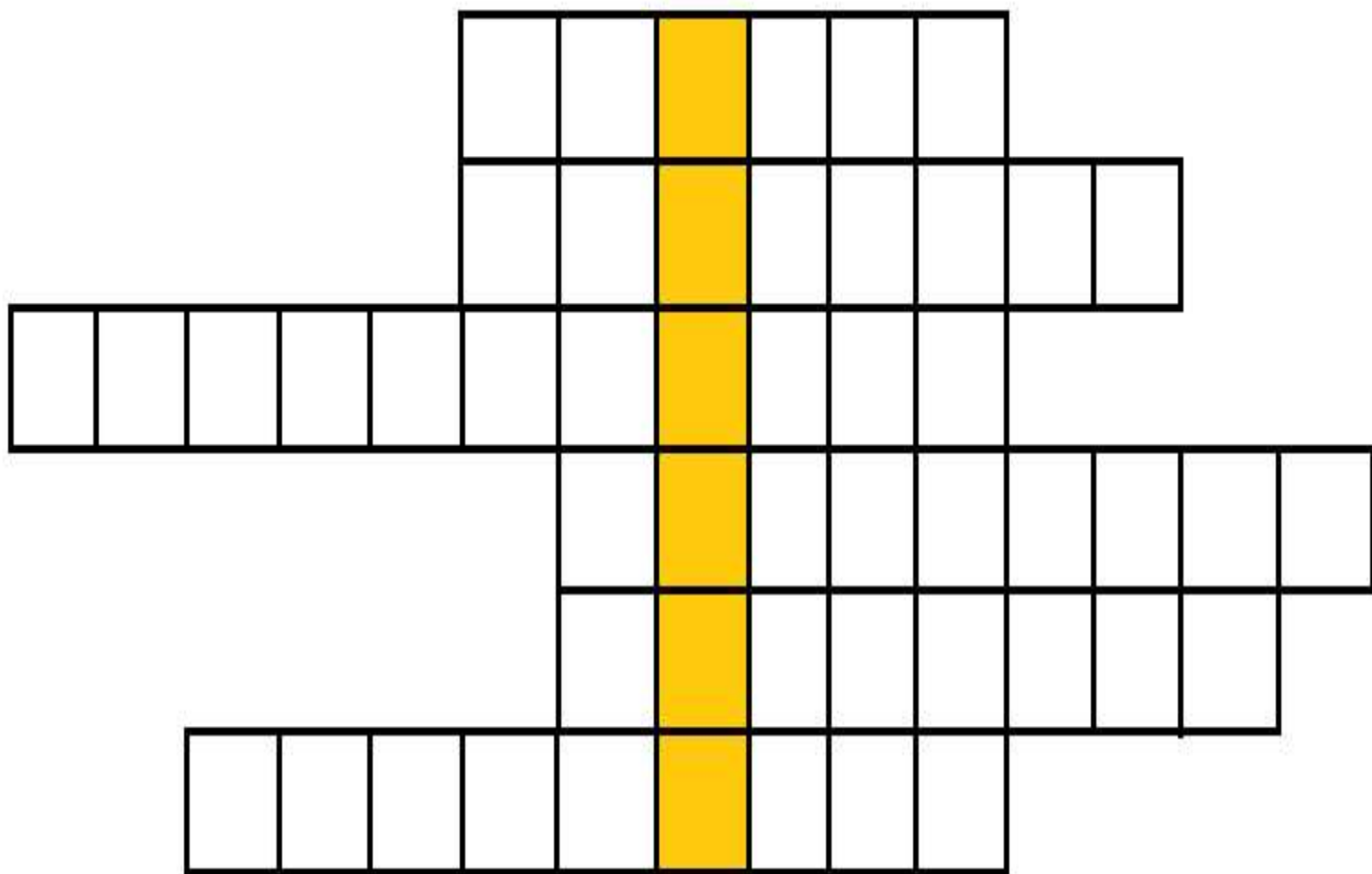
On 20th September 2019 (Friday) there was a climatic strike in Radomsko. Teenagers and children gathered near the newly opened Jakub Lechowski square (along Sierakowskiego street).

The goal of the strike was to draw attention to an emerging threat to the Earth. The youth stood holding posters made earlier and chanting slogans: "There isn't any planet B" or "Every person for the climate".

In my opinion the strike was right because climate has changed drastically, which is worth emphasizing. The danger which was caused e.g. by smog is huge and causes a lot of respiratory diseases. All of these were caused by human beings, so if we don't try to fix it now, later there won't be any regress.

Julia Gąsiorowska kl. IBg





1. They drop from trees.
2. It has got a red body, fluffy tail and runs among trees.
3. They protect you from water and mud.
4. Forests are full of them, edible or inedible.
5. It protects you from rain.
6. They drop from chestnut tree, surrounded by green shells.

**The answers to be found at the end of the edition**

**Julia Gąsiorowska, kl. IBg**



# Who is the girl?



A 16-year-old girl was nominated for the Nobel Prize. Do you know Greta Thunberg? If not, you should!

**Who is Greta Thunberg?** Greta was born on January 3, 2003. She is the daughter of opera singer Malena Ernman and actor Svante Thunberg. Her father's ancestor was a Nobel Prize winner in chemistry. He formulated the first hypothesis of global warming and determined the impact of greenhouse gases on the Earth's atmosphere.

Greta is the icon of her generation. She protests in front of Parliament every week because she is still fighting against climate change. Greta suffers from Asperger's syndrome, but she does not give up on her goal. She wants to make people aware of the importance of the fight against global warming.

Currently, Greta Thunberg has been nominated for the Nobel Prize. 'It is unimaginable. It is a strange feeling' - she told the Swedish newspaper in an interview about her nomination.

It is astonishing that such a young person is involved in so serious and important matters. What is so special about her? She is young and committed to her essential aims. That is why she inspires young people. What is more, she has created a huge movement that works for the climate around the world.





# Interesting





## **Something more than music!**

**Do you listen to music? Do you love music? Maybe you play an instrument? Very good, you can expect more from music! If you want to live an adventure and become an artist try to form a band and create your own music. It's very simple, only 10 steps!**

**Step 1: Start LISTENING to music, every style and find something for YOU.**

**Step 2: Start playing an instrument (the guitar, drums, bass guitar, keyboard) or maybe sing. You don't have to be the best, it will come with time.**

**Step 3: Find people who like music like you. For sure you have lots of friends and maybe someone wants to try something like you.**

**Step 4: Collect the full squad. Find all needed instruments.**

**Step 5: Find place for practice. It doesn't have to be a professional studio. A small room with no neighbors nearby is enough ;)**

**Step 6: Play covers and then write your own songs. Start with simple things and go to more difficult ones.**

**Step 7: Take every opportunity to perform. You need to gain experience and overcome stress.**

**Step 8: Be on social media and share with friends. Record videos and publish pictures.**

**Step 9: Have fun. It's the key for success :D**

**Step 10: Be patient and don't give up! It's the hardest step, but if you can do it, you can do everything. :)**

**I hope you will start doing it now and you will make your dream come true ;**





## HOW TO GET INSPIRED?

I want to write an article. The problem is that I don't know where I should find the topic. How to get inspired?

I think that every person in the world differs from others. Humans have various ideas and sources of inspiration. When it comes to me I'm mostly influenced by nature. I remember that since I was able to walk I have been wandering in my garden and in the forest in the countryside near Radomsko.

My friends like to follow the lives of celebrities. In my opinion, it's a bit weird to turn the brain off and just watch every step of virtual people. It's completely strange. We have opportunities to do whatever we want. Why don't so many people appreciate these chances?

Humans, people. Why some of us cannot listen to what others want to say and instead of being a support, friends we behave in such a selfish way? I'm not a specialist so I'm not writing here an essay. Just ask yourself. Are you a support? Can you be focused on people's lives not only care about your life?

Keep creating. Never stop dreaming. It sounds like plain, silly words. I understand why people think like that. For some people there are too many motivating slogans everywhere. Fortunately, I think good sentences are pretty useful and functional.

The last thing I want to write in this article is to try to be open-minded. Have you noticed that article? Have you seen that the topic is connected with inspirations? Deliberately. I want to suggest that you should think outside the box, do something in your style, not copy, not be average, be true and original.







## **The alleged story of Michael Jackson**

**Several months ago a documentary about the King of Pop was released . Two men – James Safechuck and Wade Robson decided that they would make a film about the alleged molestation by Michael Jackson. They talked for 4 hours about their version of what had happened and what their relationships with Michael looked like. That is a one-sided film, we do not see any psychologists or anybody who could defend him. Moreover, there is not any really reliable evidence. Honestly, just accusers and videos or photos from a drone.**

**In order to understand these accusations, it's important to look back at where it all began. In 1993, Michael Jackson became the target of child molestation allegations for the first time. The allegations came from a thirteen-year-old boy named Jordan Chandler. He started accusing him, but a few years later he changed his mind and said that it had been for money and his father had forced him to do this. Unfortunately, he did this and became a millionaire, because he got \$20 000 000 for telling lies. Nevertheless, Jordan filed charges against his father for physical abuse. What is more interesting, the video of his father telling that he was going to destroy Michael, but not because of his guilt, but because of his riches, leaked to the Internet. After MJ's death Chandler's father committed suicide.**









What do you do for your happiness?

It is a very good question. Everyone follows different goals, wants to broaden their horizons. Some people want to get a good education and earn enough to live on a certain economical level. Others think they don't need to learn, because it is not necessary in life. The other people want to explore the world through travelling.

In my opinion, this last group of people is very interesting. By travelling, people can acquire knowledge they won't find in any books. As a result, they become more open to the world and they are more tolerant. By being in different countries and places one can observe a lot of differences in social norms. Discovering previously unknown cultures, they learn to communicate with others without any barriers. Travelling also helps you to find your own place on earth. We can meet people who are completely different from us. The great advantage is also the views, which remain in their memories forever.



## **‘THE GREAT GATSBY’**

**Francis Scott Fitzgerald has been considered one of the most prominent American writers. He was raised during the Great War. When the war ended in 1918, he married Zelda Sayre. He earned his living as a screenwriter because readers did not appreciate his novels until his death during World War II. It was only after 1940 that his stories began to gain popularity both in his homeland and abroad.**

**Undoubtedly, the novel that made Fitzgerald immortal is entitled ‘The Great Gatsby’. It was written in 1925, but began to attract readers' attention in the 1950s. The protagonist of the novel is Jay Gatsby. Many years ago he fell in love with a wealthy woman, Daisy. They could not get married because he was just a poor soldier. After the Great War, he made a fortune and decided to win Daisy's heart again. Unfortunately, she became the wife of Tom Buchanan, and Gatsby's attempts failed.**

**Additionally, we can observe that Gatsby is a very generous organizer of events. He does not care if his guests join them without an invitation and gossip about him. His neighbour, Nick Carraway, says so about his sensitivity: ‘he was related to one of those intricate machines that register earthquakes ten thousand miles away’.**

**It is worth mentioning that several films were made on the basis of the novel's plot. However, reading the novel in its original language will certainly be a great challenge for everyone.**





## Myths about gaming

To begin with I am a gamer myself, so I could bust some of them by myself, but since I am not a doctor, I will focus on the serious conducted research.



Let's begin with the most common. Gaming or watching too much TV could cause vision defects. Well, yes, but up to a certain age. Children and teenagers up to 18 years should not focus on one point for too much time, but this means that reading a book for 4-7 hours a day can cause that as well. But there is much more. Some people say that monitors radiate. Older CRT monitors actually radiated, but modern LCD displays do not radiate that much. Why did I write that much, because everything radiates!

Let's take a look at another one. Sitting in front of PC can cause a bad posture, especially a spinal disc herniation that makes our spine less flexible. And that is not a myth that is a FACT. But it is not the computer's fault, because sitting is the worst position for the spine we could even imagine.

But there is a sad fact about gaming. You can actually get addicted to gaming. It is treated the same way as an alcohol or drug addiction, and it causes the same chemical reactions in the brain.

The last myth I have prepared is that playing games makes you dumb. As the researcher says, definitely not. Some types of games can even make you smarter, like strategy games.







## Fashion in the 20th century

The 20th century was a time of great contradictions between technological development and violence caused by numerous wars. Moreover, at the beginning of the 20th century, women were undervalued and considered to be of lower status. All these events were reflected at that time in many areas such as art, music, literature and fashion. Fashion made it possible for women to express themselves and their attitude towards current events.

Women gained a lot in the 1920s because, after the First World War, they were given the right to vote and the opportunity to work. Moreover, fashion for women became more modern in the 1920s, as uncomfortable clothes and knitwear were replaced by airy and breathtaking fabrics. Women began to show off their arms and wear tight underwear. Fashion in those days allowed women to show their legs. As a result, interest in beautiful shoes and stockings increased. The woman who initiated this change was Coco Chanel.

Thanks to Coco Chanel, women started wearing silk clothes. The evening dresses were decorated with diamonds, beads and tassels. Cigarette cases were an important decorative element. The women began to put on strong and expressive make-up. Lips were accentuated by dark burgundy lipstick and eyes by a long black line. This makeup was extremely elegant. Coco Chanel's influence on fashion and women was enormous.





**Facts about**

**culture of different**

**countries**

Nowadays all of young people learn some languages. In our school we can study English, German and some of us French, too. I started to learn Spanish a few years ago. Spanish is a kind of pleasure for me. Now I want to tell you something about this fascinating country.

### El fútbol

We all know that Spain is famous because of football. Football in the Iberian Peninsula is not just kind of sport, but it's part of Spanish life. The most known are Real Madrid and F.C. Barcelona.

### La comidas y bebidas

The most important snacks in Spain are las tapas. They are served with some drink like fizzy drinks or beer. For Spanish going to tapas is some entertainment and they spend a lot of time during evening and night on this activity. Las tapas are served usually in form of fish, vegetables, eggs or seafood. The second thing what we can eat in a Spanish pub is paella. It's kind of main course. Inside we can find mainly rice and seafood or different kinds of meat and vegetables.

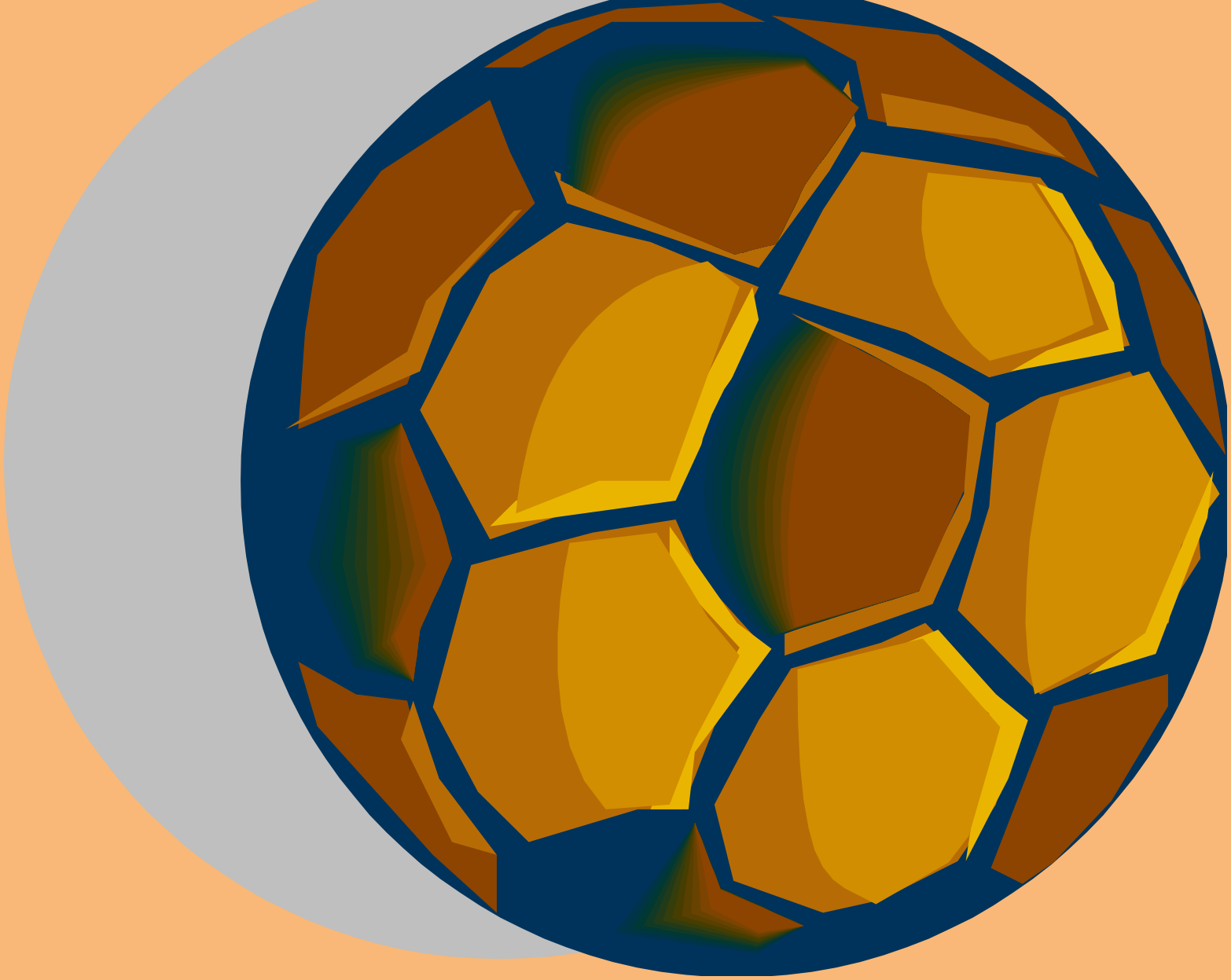
### La siesta

I think that European countries envy Spaniards most la siesta. It's free time to have 'a little break' every day. It starts about 2 p.m. and finishes at 5 p.m. It's time for having dinner together with family and taking a rest. The origin of that event - in Spain, especially in the south, temperatures are boiling and the Spaniards decide to make a siesta to not have to stay in the hot sun during the worst hours.

### .Las corridas de toros

Spanish bullfighting is the most famous Spanish event in the world. It consists of fighting brave bulls on a small square. Now this event is very controversial, because many bulls die at the end of the show and these animals suffer a lot.





**Sport**

# Volleyball World Cup

The competition took place from 1 – 15 October 2019. The World Cup was exhausting because the competition began two days after the European Championships. Poland finally took the third place in this tournament and won a bronze medal.

This year Volleyball World Cup took place in Japan, in three cities: Fukuoka, Nagano and Hiroshima. In this tournament there participated 12 teams:



3 from Europe, 2 from North America, 2 from Asia, 2 from South America, 2 from Africa and Australia. The Polish volleyball players won 9 of 11 matches. They lost only with Brazil and the USA and took the second place in the whole tournament. The team came up with an unusual way to enter the podium. First they jumped over and they made a somersault. It looked very spectacular. It was also a challenge for fans because the broadcasts were at night or early in the morning.

Personally, I think our team achieved excellent results. They did their best, worked hard, showed they are a harmonious team and they are ready to win the best places. I am proud of our team.

Paulina Stępień, IIE

# Natural cosmetics





# Cosmetics From Nature

We can't imagine life without cosmetics. We use a lot of them every day, because we want to look beautiful and healthy. Unfortunately,

the products we use contain a lot of chemical ingredients, preservatives and dyes. They are harmful for us. They can irritate our skin and work against health.

Producers make cosmetics look attractive. They are colorful, wonderfully packed, smell beautiful, but they have a long composition of unnecessary additives and synthetic ingredients. We lose a lot of money on them.



So it's worth using natural cosmetics. Our skin responds best to what is natural. They are safe for our skin and do not cause allergies. Our great grandmothers used them and they looked attractive.

We can use herbs that will alleviate skin problems, for example: chamomile, calendula or St. John's wort. You can find many recipes for various cosmetics on the Internet. We can prepare peels and masks ourselves, for example: with fruits, honey and avocado. We can use coconut oil to moisturize the lips, aloe vera that will improve your complexion or oils and linseeds to prepare hair conditioner. Natural cosmetics are mild, cheap, they can be easily prepared, so their use is very beneficial.

## **Bliss Care**

**In our school there is a small company, that sells ecological cosmetics. Our offer is addressed to everyone, independently of age or gender.**

**We only want to protect the skin against harmful chemicals but also take care of you environment. We sell, among others: toothpastes, scrubs, bath balls, soaps, powders, masks, perfumes and antibacterial liquids.**

**If you want to know more details or buy cosmetics from us, you should contact us via:**

**Facebook: Bliss Care**

**Instagram: bliss.care02**

**Email: [bliss.care02@gmail.com](mailto:bliss.care02@gmail.com)**



Marta Strzelczyk

## ***Modern World***

**People have been wondering about the future for a long time. They have been dreaming about improving their life and creating new inventions. They started to make experiments in various areas. They wanted to get to know about the world and its structure.**

**From day to day people came to great discoveries and researched the world and space. For example, in 1969 Neil Armstrong, as the first man, stepped on the moon and then he said, “That’ s one small step for a man, one giant leap for mankind’’. Medical scientific huge development was due to the discovery of penicillin by Alexander Fleming. Also the Olympic Games started new culture and personal development . As well, the Internet revolutionized the way we live and work, we can work faster and more effectively.**

**Now we are still using and improving the discoveries that we have, for example solar system, new medical science, possibility of doing difficult surgery. We can travel and organize sport competitions.**

**World development continues all the time...**





## ***Advantages and disadvantages of consumerism***

**The aim of my work is to present the advantages and disadvantages of the phenomenon known as consumerism. It is worth mentioning that consumerism is defined as a human attitude that is based on excessive accumulation of material goods. The 21st century is called the age of consumerism.**

### **Advantages of consumerism:**

- (1) Everyone has easier access to luxury products, goods and services.**
- (2) There are more shopping centres than in the 1990s.**
- (3) The standard of living of ordinary people has significantly improved.**

### **Disadvantages of consumerism:**

- (1) Excessive consumption causes the exploitation of natural resources. This leads to ecosystem degradation, climate change and the reduction of drinking water.**
- (2) An increase in consumptionism leads to the creation of economic disproportions. In many countries people live either in luxury or poverty.**
- (3) Consumerism causes a change in values in society. Accumulation of things becomes more important than interpersonal relationships.**

**All in all, access to various goods and services makes people's lives easier. However, if we focus only on having new things, we will weaken our relationships and consequently lose them.**

**R 39 Piotr KempaICg**



# CROSSWORD

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## *Answers:*

1. leaves
2. squirrel
3. wellingtons
4. mushrooms
5. umbrella
6. chestnuts



## ***MY FIRST DAY AT THIS SCHOOL***

**My first day at my new school was very stressful. Maths was the first lesson. I was sitting at the second desk. I don't like sitting in front of the class. Next my group had EDB. Our teacher was telling us about evacuation. Later there was IT. I met three girls. They were very friendly and nice. Polish was the fourth. I met other people, but I didn't remember their names. It was very hard. Next there was history. I don't like history, but it wasn't bad, because our teacher told us an interesting story. Biology was the last.**

**That day was stressful, but I met a lot of new people. I thought that I would not learn their names, but within a week I learned all of them.**



# Helping hands

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