



# THE READER

## No. 40

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## WELCOME EASTER!

### CARROT PIE

OR

### OATMEANT COOKIES?

## Tolerance and complexes

### ARE YOU THE BLUE

### CROCODILE?

**Sport, music,  
cinema, big  
returns, world,  
medicine, history,  
school  
and more...**

# Earth Day

Do you care about ecology? Have you even thought about helping environment? If your answer is yes, that means this holiday will interest you.

**Earth Day** is an annual holiday celebrated on April 22 by several hundred million people from around the world. This holiday shows how important it is to protect the Earth from pollution and deforestation. The theme for Earth Day 2020 is **climate action**.

The first Earth Day took place in **1970**. Twenty million Americans took to the streets to demonstrate their unity in the pursuit of healthy environment. Thousands of colleges and universities organized protests against the environmental degradation.

## How can I celebrate Earth Day?

The answer is very simple! For example you can:

- **plant a tree**
- **use rechargeable batteries**
- **turn off the light when you leave a room**
- **use your own material bag instead of plastic bags**
- **turn off the faucet when you brush your teeth**
- **segregate rubbish**
- **choose public transport**



Hania Zajac IE

# How to save the world?

Have you been wondering what you can do to save our planet? If your answer is "Yes" then you should follow these few steps!

## 1. Stop using so much plastic.

I'm not saying that you shouldn't use it at all. You can just stop using disposable shopping bags and replace them with ones made of fabric. You'll be able to use them more often and they won't tear so easily. Think about packing fruits and vegetables in your own carrier bags.

## 2. Don't waste water nor the electricity.

Maybe start taking showers instead of long baths? Turn off the water when you're soaping your hands, make sure you don't leave your charger in the socket. Turn the light off if you're leaving the room.

## 3. Think before buying.

You should question yourself - "Do I really need it? Will I use it?" - a lot of waste comes from food or even items such as clothes or cosmetics. If you're not sure if something will be useful then don't buy it, you'll even be able to save more money that way!

As you can see, it doesn't take a lot of effort to make the world a better place. These simple things bring advantages not only to our planet but also to us!

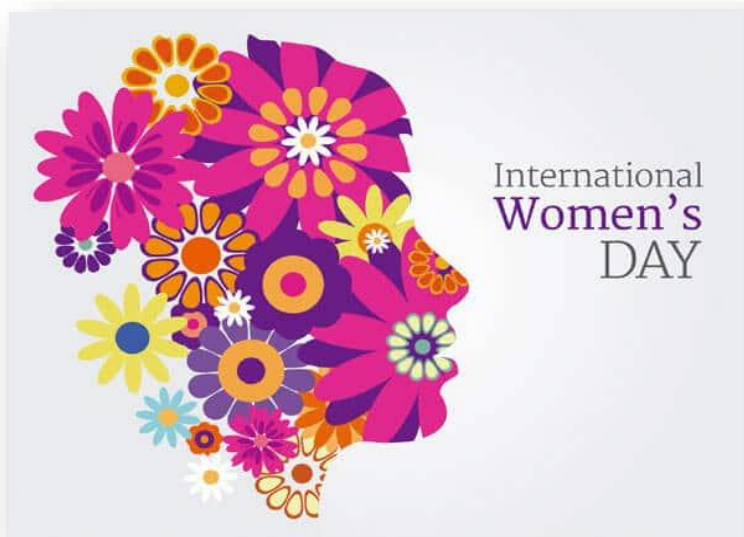
Klaudia

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MARCH 2020

## INTERNATIONAL WOMEN'S DAY

International Women's Day is celebrated worldwide on 8 March. This day is about unity, celebration, reflection, advocacy and action - everything that is global but takes place at the local level. Internationally, purple is the colour that symbolizes women.



This day has been celebrated for over a century, with the first gathering in 1911. But many things have changed over time. While the day itself carries a clear theme of female empowerment across the world, the way it is acknowledged and celebrated differs from country to country.

In the USA, March is Women's History Month. This is a holiday that has been going on since February 1980 when President Jimmy Carter declared the week of March 8th National Women's History Week. Now, every year on the occasion of International Women's Day, the President issues an official statement of recognition for the achievements of American women.

In China, March 8th is a national holiday since 1949. Many companies offer women workers half a day off on International Women's Day so that

they can spend the afternoon celebrating. Like Valentine's Day, International Women's Day in China is seen as an opportunity to give women special gifts.

So make a difference, think globally and act locally.

Give women International Women's Day every day.

Do your best to make the future for girls clear, equal, safe and rewarding.

Dominika Wiśniewska, IDg

## '#EachforEqual'

Often do people stereotypically think that women are weaker than men. It has been handed down from generation to generation for years. Despite of that women prove every day that they can do male professions. They help people like doctors, drive cars in F1 races or design houses like an engineer. It's not rare that female part of people is the only breadwinner.

The International Women's Day 2020 campaign theme is drawn from a notion of





‘Collective Individualism’. We think that we are only a small part of the world but our behaviour, actions or views can change everything.

Individually, we're all responsible for our own thoughts and actions - all day, every day. We can actively choose to challenge stereotypes, fight bias, broaden perceptions, improve situations and celebrate women's achievements. We should be more confident, fight for our purpose and love ourselves because we are unique.

Women from every country must fight for equality in business every day. The race is for gender equality. They show that their opinions can be as good as men's. Thanks for that, we can make the world better. A gender equal world can be healthier, wealthier and more harmonious. That's what we all need.

Julia Skalik

## ----- COMPLEXES -----

In these times people have a lot of complexes. A complex is a thought, words or imagination which cause strong emotions. When we focus our attention on our disadvantages, we can feel sadness, anger or shame. Everyone must try to fight complexes. We shape our character thanks to this. People usually make negative and critical opinions about their character and appearance traits. But not everyone has complexes. When we think too much about things which we want to change, we can be depressed. We must do something and find a solution to our problem.



When you want to get rid of a complex, you must change your mind. I believe that you are reading this article now and that you want to make your life better. You should work on your thoughts to correct the frame of mind.

At first, think about what you like about yourself and what you are good at. It's good to know our good sides. Appreciate yourself.

Don't compare yourself to others!

Do not try to be like the perfect girl from Instagram. You must think about your happiness. Create the best version of you!

Don't be sad! Always when your complexes make you sad, you should find the best solution. Be creative and never give up!

Have you got an idea to make your life easier and without complexes? Okay! Just do it. Don't be afraid to ask for help from others. Make yourself feel better. Don't think twice..

**Work on yourself and love yourself. Don't let others lead your life!**

**Julia Kilian, 1Bg**



**1.** *You have got your roots  
there where you sowed seeds of your soul*

**2.** In the morning  
Wake up with a smile  
and make the next  
day *better* than the  
previous one





**3. Eyes tell everything**  
**They are a reflection of soul**  
**Only they can show your *real beauty***



Wiktoria Kucharzewska, 1Bg

### **How to understand the word “ tolerance”?**

Recently you have been able to hear or read the word "tolerance" more and more often in the press, or on television. What does it mean? Tolerance means patience and forgiveness for otherness. It is respect for other people's feelings, views, preferences, beliefs, customs and behaviour, even if they are completely different from themselves or completely contradict them. Today's tolerance is respect for the freedom of other people, their thoughts and opinions, and the way of life.



**Tolerance is very important, among family and friends. It is important to be aware that each of us has the right to have freedom of religion, expressing ourselves, our opinions and different beliefs. Tolerance must concern religion, life choices, appearance, and political options. If there is no forgiveness or mutual respect in a given society, it will lead to conflicts of various types and, as a result, to the destruction of such society. Tolerance is the foundation of a peaceful life.**

**Marta Strzelczyk II e**

## ARE YOU THE BLUE CROCODILE?

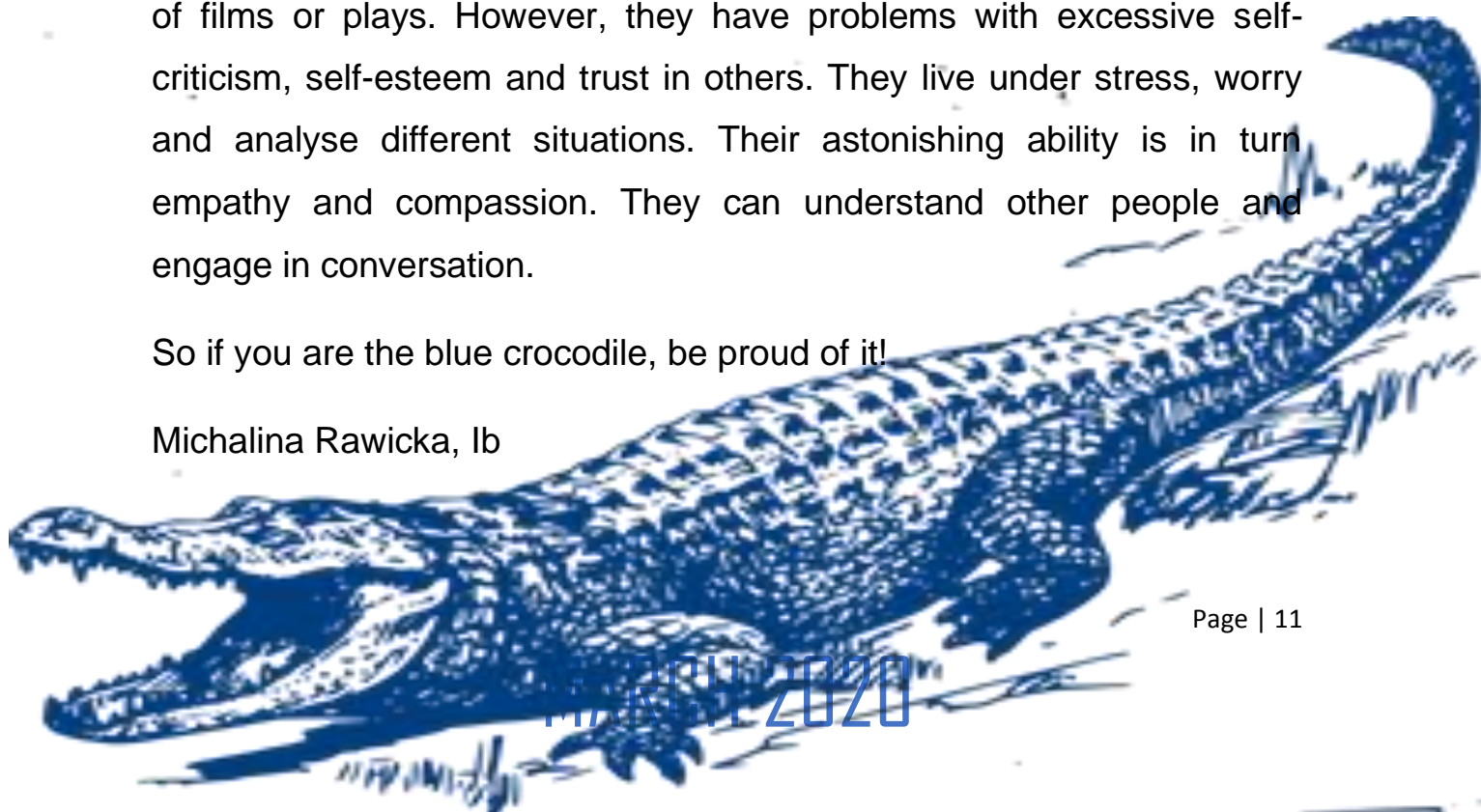
Have you ever heard that Fedrica Bosco is an Italian author who writes books for people with a syndrome called the blue crocodile?

Bosco was born in Lombardy, but she lives in Florence. She writes books on the psychology of emotions and feelings, for example 'I like you dying'. This book was nominated for the Bancarell Academy Award in 2009. Bosco won this particular Prize. Moreover, it was only the beginning of her great career. In 2019 Fedrica published the book 'They told me I was too sensitive'. In this work she talks about her own feelings and gives advice on how to live as the blue crocodile.

But who are the blue crocodiles? They are people who feel and experience emotions a little differently than others. People who are the blue crocodiles very often cry when watching movies, plays or reading books. This is because they have a better developed limbic system in the brain. In addition, these people publish their own books or are directors of films or plays. However, they have problems with excessive self-criticism, self-esteem and trust in others. They live under stress, worry and analyse different situations. Their astonishing ability is in turn empathy and compassion. They can understand other people and engage in conversation.

So if you are the blue crocodile, be proud of it!

Michalina Rawicka, Ib



# WRITTEN IN THE STARS

Did you know there is a lot more to your personality than you ever thought? Astrology is a field that deals with the analysis of how celestial bodies affect our lives. I think we have all ever heard of twelve sun signs. Well, it is not very accurate to just refer to your sun sign. I will tell you how to get into astrology.

I believe a reliable method is to calculate your birth chart. Don't worry, I'll explain it to you. A birth chart is a description of your personality and is unique to everyone. It contains various elements, symbols and signs.

First, you need to understand the most basic symbols in your birth chart. The sun influences your identity, your ego, your goals in life and the things you want in it. This is what is based on your day and month of birth. The rest of your chart is based on your time of birth.

The moon is the emotional side of you. It is how you deal with your emotions, but it also affects your behaviour, instincts and needs in life. Your rising sign is how people see you at first sight. It shows your personality and how you express yourself.

What I told you is just a drop of water in the ocean. I could sit for hours and talk about astrology, and that wouldn't be enough. I hope I made you interested in it.

Julia Parkitna, ICg



# F.R.I.E.N.D.S FOREVER!

The classic American series F.R.I.E.N.D.S from the 90s returns after 16 years to the screens!

Although we'll see only one-hour episode of the series, this news has caused great joy among the fans. The premiere was appointed on May 2020, but in the current situation in the world the production has been suspended.

The series is about six friends from Manhattan.

They're looking for happiness, love and trying to make the dreams come true while struggling with everyday problems. F.R.I.E.N.D.S has a unique atmosphere and guarantees a big dose of humour.

In the U.S the series will be broadcast on HBO Max platform. Unfortunately, in the Europe we can expect it later.

Honestly, for me it's a big deal and I can't wait when I see Monica, Chandler, Rachel, Ross, Phoebe and Joey together again.



Zuzia Nawrot, 2e

## "Star of the cinema"

Steven Spielberg is the most famous filmmaker in the history of Hollywood.

Since 1975 he has directed many films, for example:

Jaws, E.T., Jurassic Park or Schindler's List. He started making his films and being interested in the cinema when he was a child.

His career started from his little films which involved crashes with his train set, and his friends paid to see them.

Next he got a real prize for his first film called "Escape to nowhere". When he was a student, he made another film "Amblin" through which he got his first job in Universal Studios.

Now his works have a great influence on us. He has a lot of fans. People from the whole world adore his works.

Nina Konsztat I Bg





## MEET OUR SCHOOL!

Hello!

I would like to tell u something about our school.

In our school we have a lot of events. Recently there were school fairs. We learned about interesting fields and universities in our country. We could talk to a career counselor who gave lessons for us. Another day we were visited by the police and instructors from the *elcar* driving school. They showed us how to be safe on the road and what consequences we can face if we are not careful. All events at our school teach us how to prepare for adult life and help us prepare for what awaits us in the future.

Thanks for reading. Bye!

-xyz



# Entrepreneurship Day

Many high school students are wondering about their choice of field of study and future profession. It is certainly a very difficult decision. Students must think carefully and consider what is best for them. The wrong decision can have unpleasant consequences, so many students need help and advice. I think the best way to choose a profession is to work in it and talk to employees.



That's why the entrepreneurship day was created. This day was created thanks to the [Youth Entrepreneurship Foundation](#) under the honorary patronage of the President of the Republic of Poland Andrzej Duda. On this day, students can go to their chosen job. This day aims to dispel the doubt of young people in choosing a profession. Everyone can test their skills and themselves in a chosen job. Employees share their experience and provide students with advice.

Our school also participates in this program. Teachers encourage you to take part in the [Entrepreneurship Day](#) because it offers many opportunities. In my opinion it's a great opportunity to see if we like the chosen profession. It can help us choose future studies or job.



Fundacja  
Młodzieżowej  
Przedsiębiorczości

Sylwia Drogosz kl.IIIc

A Member of JA Worldwide



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Dear diary,

Hello

I am a new student of 2 LO in Radomsko. This school is so demanding. I with my new friends have a lot of learning. My life has changed. I do not have free time and I am learning all the time. I am so sad when I have a bad mark.

I think that some teachers judge me/us after pre-test because despite everyday learning, I have bad marks at some lessons. I am very tired learning every day. I am doing everything to have good grades. I am worried when I get a bad mark for something I can do. I am so careful when I read a test and I read this two times. I do not know where the problem is. My mum talks to me every day. She will listen to me and give me advice. I was considering leaving this school. I feel underestimated. Ultimately, I am fighting with my marks. I am the most afraid/scared of an oral answer.

I am not confident and I am not sure about my future related to good school results. Thanks to my friends it's getting better. Good to have someone next to you.

xxx

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## Language certificate

Do you want to gain an international language certificate? You can do it easily. II High School in Radomsko is organizing an event on Saturday which you can take part. You have to only sign up. You will not lose anything and you can gain a lot.



Firstly, you can check your language skills. This exam contains part of listening, writing and reading. It lets you test your knowledge. There are a lot of tasks you have to use your brain and think carefully. It helps you concentrate and start thinking in English.

Moreover, it is a really important document which lets you broaden your possibilities for better future. Employers draw attention to knowledge of foreign languages. English is the most widely used language so that bosses treat it as well as Polish. The highest corporations cooperate with foreign companies and they need people who know various languages.

Furthermore, it will motivate you to further work. When you receive your results, you will want

to be better and better. There are a lot of possibilities to improve your English. It does not have to be a boring way. It depends only on your creativity. Think about it.

I believe I've convinced you. I hope you will take part in this test and check yourself. In my opinion, it is a great idea and shows that you think about your future.

Julia Muskała IIIe

The logo for Cambridge English Qualifications. It features a red chevron pointing to the right, containing the word "Cambridge" in white. Above the chevron, the text "We prepare for" is written in a grey sans-serif font. Below the chevron, the text "English Qualifications" is written in a grey sans-serif font, followed by a small trademark symbol (TM).



# How to learn effectively

**1**

## **HANG UP THE PHONE**

**FIRST OF ALL, YOU SHOULD CONCENTRATE ON THE TASK, NOT NOTIFICATIONS**

**2**

## **TAKE A BREATH OF FRESH AIR**

**WHEN THE BRAIN IS OXYGENATED, IT ACCEPTS KNOWLEDGE MORE EASILY**

**3**

## **MAKE IT QUIET**

**DON'T LET YOURSELF BE DISTRACTED BY THE SOUNDS**

**4**

## **ENJOY IT!**

**LET LEARNING BRING YOU JOY  
DO NOT MAKE IT A MUST**

**THE READER MAGAZINE**

Author: Adam Piotrowski

# WORLD

**„There is no quiet on the ocean”**

Aleksander Doba  
– this man is probably not well known in our country, but he should be. At the age of nearly 70, he swam around the Atlantic Ocean.

It seems strange, but let's make it a little bit more strange. He swam around the Atlantic Ocean in the kayak. On his own.

At the beginning of February I went to the meeting with him in our public library. He was talking about all his journeys and achievements.

He looks old, but he's really energetic and happy. It's easy to tell that he is enjoying life. Olo, that's how he likes to call himself, when somebody is asking about his age, answers „I'm 70 years young”.

I really like the way he is encouraging older people to do things. They don't have to stay at home and do nothing. They can go outside, see the world, still enjoy life.

I bought Aleksander Doba's book about his travels and adventures. I'm going to read it as fast as possible, because Olo is a really interesting and inspirational person, everybody should know about this amazing canoeist.

The beginning of one of the journeys in his special kayak.



Mateusz Król, 1AC



## MUSIC FESTIVALS IN POLAND

Music festivals are events during which we have the chance to listen to live musical legends and meet inspiring people. There are many such festivals in Poland! Both Polish and foreign artists perform. Below I would like to present examples of festivals where you will certainly find something for yourself!

Opener Festival – this is definitely one of the loudest festivals in Poland. At the beginning of July, Poland will be visited by one of the biggest stars of the world music at the Gdynia-Kosakowo airport. The line-up of this year's event includes artists such as Taylor Swift, Twenty One Pilots, Martin Garrix. Tickets and festival passes are still on sale.

Sunrise Festival – this event in Kołobrzeg is a three-day festival of electronic music. The 18th edition of this festival will take place on July 24-26. We will be able to admire the best DJs on 5 stages. There will be David Guetta and Marshmello. You can't miss it!



Orange Warsaw Festival – a festival organized in Warsaw at the Horse Racing Track Służewiec on June 5-6, 2020. Every year it attracts many people. This year, Camila Cabello, Tyler, 5 Seconds of Summer have been announced so far. We are looking forward to the next artists.

Kraków Live Festival – this event attracts fans of good music to Kraków. This year it will be held on August 21-22, 2020 at the Polish Aviation Museum. The festival's line-up is usually very diverse, but the organizers have still not revealed the artists.

Wiktoria Kawecka IIID

## Kind-Hearted sportsman

What could be better than using your success to help other people? Many celebrities don't ignore the misfortunes and problems of other people. An example of a helpful man is the sportsman Marcin Gortat, who uses his sports and financial success to help children.



Marcin Gortat was born on February 17, 1984 in Lodz. He has been interested in sport since childhood. He started playing basketball in his hometown at the club ŁKS. Then he went to Germany where he developed his skills.. His talent was noticed by professionals and he went to the USA where he played in NBA. He was the only Polish person in NBA history to reach its final. In the NBA he had several nicknames, of

which he most often used "Polish Hammer" and "Polish Machine". In March 2020 Gortat officially announced the end of basketball career.

Marcin Gortat is a man with a huge heart. He works for children and young people in Poland. He opened his foundation MG13 in October 2009. His aim is helping other young people realize their own sports dreams. His foundation organizes camps and sports activities for children.



I think Marcin Gortat is an excellent basketball player and helpful man. In my opinion, Marcin's actions must be extremely rewarding. It is a certainly time well spent, as you do something useful for other people and realize yourself in your passion. What could be better than practising your favorite sport and doing voluntary work at the same time?

Aleksandra Stanikowska kl.IE



## RUN FOR HEALTH

In January a lot of people begin their New Year's resolutions. The most popular way of training is running so at the beginning of the year there are crowds in gyms.



Running is popular because all people can run in all seasons. In the summer they run around their area and in the winter they can run on a running treadmill. Running is possible during the day but in the night or evening also. Last summer in my city a fascinating event took place. This is really moving gesture. The participants met up at 6 o'clock next to "MDK" in my town. The run started at 7 o'clock and finished at about 7 p.m. The first participants came at 4:36 P.M. The total route was 20 kilometers. People who ended their run could eat a warm dinner and drink tea or get a bottle of water. The event made about 1 million \$ for "Bass Foundation" and more healthy people in my town. This is a fact that running improves shape and circulation of blood. Thanks to running we stay in shape and can lose some weight.

To sum up, running is a well-known way to stay in shape and we can run in all seasons. Personally, I think that running is for children, teenagers, adults and the elderly.

## RUNNING IS FOR EVERYONE!

Sara Wróbel, 3D



# Free time

The lifestyle of each of us is different. It can be calm or crazy. We often have busy days, but sometimes they are easy-going. And what should we do with free time then? We should use it in an interesting way.

There can be moments of rest or active time. We can do different things as much as possible. Doing sports, just walking the dog, playing board games, meeting friends, having a family picnic, going to the cinema or the theatre, drawing, reading books and making up for schoolwork. Free time can be a time for development, education, rest and regeneration. It can be a break from everyday life. We can learn new things, make new friends.

Therefore, let's try to use it so that you will not regret anything later, with caution! It is best to do everything we plan in a safe way and the best we can!

JK



# HISTORY

## HISTORY OF LONDON

London is the capital of England and the third largest city in Europe. It is very often called the symbol of Great Britain. The population of this beautiful city is over 8 million people.

It is claimed that London's history began as early as the first half of the first century or during Emperor Claudius' attack on Brittany. As a result of business with other European countries, London became one of the most powerful cities in the empire at that time. Over the centuries this city has developed gradually. By the 17th century the English capital was already one of the largest cities in Europe. At that time the population was almost 700,000 people.

During World War II London was bombed. This resulted in the destruction of both the city and its harbour district.

Today, London is famous for its numerous monuments.

**Nowadays, the symbols of London are:**

## • Saint Paul's Cathedral



## • Tower Bridge



## • Big Ben



## • **Buckingham Palace**



## • **Hyde Park**



## • **British Museum**





## • **Westminster Abbey**



## • **Tate Modern Gallery**



**I firmly believe that London is a city worth seeing.**

Piotr Kempa, ICg

## BATTLE OF HASTINGS - 14 OCTOBER 1066

In 1066 King Edward the Confessor of England died and he had no heir. Before his death, Edward promised succession to his relative, Harold. Harold was crowned and the English vassals recognized his royalty.

However, there were several contenders for the kingdom. The strongest seemed to be King Harald Hådråde of Norway. He was considered a brilliant tactician and soldier. As a result, nowadays we sometimes call him "the last Viking". Harald with his fleet and mercenaries came to England and began to pillage the land of his enemy. The English king did not give up because he organized a large army and attacked the Norwegians. Hådråde was killed in battle.



Another war was declared that year because the Duke of Normandy, William (the son of Robert the Devil), decided to demand his claims. He formed his alliance with Pope Alexander and organized a large fleet.

The battle took place on 14 October 1066 near Hastings. The Norman cavalry was unable to defeat the English troops. William was wounded during the battle. The archers, on the other hand, managed to injure Harold terribly, who died as a result. Eventually, the Prince of Normandy forced the enemy troops to flee.

The war ended a few years later and William the Conqueror was crowned. He built a fortress called the Tower in London and suppressed several revolts.

Bartosz Rusin, ICg

## **MASTER OF PATRIOTIC SONGS**

What comes to your mind first when you think about Polish history? Do you consider the Battle of Grunwald or the World War II? Or maybe you are interested in the life and rule of Polish kings.

Nowadays, we study history at school. We read historical books and articles. But have you ever thought that we will learn history from songs? Have you ever heard of Dempsey?

Dempsey is a Polish musician who creates patriotic songs. In his songs he presents historical facts about our country. He is very often called a master of patriotic songs.

He wrote his first composition when he was 12. At the age of 14 he sang songs about the lives and problems of young people in the 21st

century. He became popular when he started to tell the history of Poland in a new and creative way - through music. Dempsey gives concerts in Polish schools and abroad.

In my opinion, such a history lesson through songs is very attractive for students. It is a great way to get young people interested in learning history.

Kacper Odrzywolski, IAC

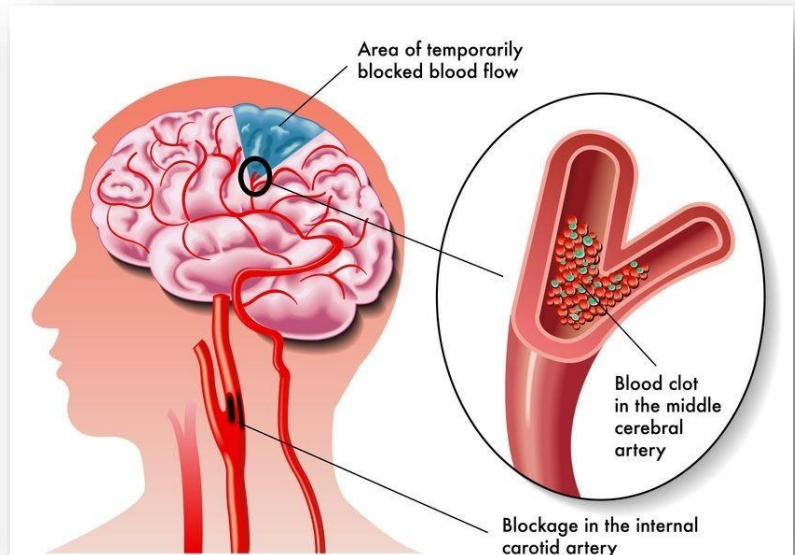




# medicine

## STROKE

Each person is a potential patient if it's about stroke. Statistics show that every sixth person will be suffering from stroke during their lifetime. According to the latest data, we have about 90 000 strokes in Poland per year. Furthermore, it causes 30 000 deaths and it is the main reason of permanent disability with adults.



Stroke occurs when the blood flow to the brain is interrupted. Blood carries oxygen and when the brain is deprived of blood rich oxygen, brain cells die.

There are two basic types of stroke: ischemic and hemorrhagic. 87% of strokes are ischemic which occurs when the artery to the brain is blocked. A hemorrhagic stroke occurs when blood from the artery begins bleeding into the brain.. People are at risk of stroke primarily because of high blood pressure and obesity, although there are other risk factors including smoking, diabetes, stress, and a sedentary lifestyle.

According to the National Institute for Health, 80% of strokes can be prevented. To maintain healthy blood pressure and reduce the risk of stroke, physicians will often prescribe medications and encourage a healthy lifestyle including weight management.

A recent Harvard Health report states that controlling your weight is an important way to lower stroke risk.

## **The authors make the following suggestions to lower your risk factors:**

### **Move more.**

Increase your everyday activity wherever you can — walking, fidgeting, pacing while on the phone, taking stairs instead of the elevator.

### **Skip calories. Try to eat less but more nutritious.**

If you eat more unprocessed food, you feel full longer. Also remove sweetened drinks from your diet because they are the main sources of unwanted calories.

### **Find healthier snacks.**

Snack time is many people's downfall — but you don't have to skip it as long as you snack wisely. This meal should be composed of vegetables and fruits which are a great source of vitamins and fiber.

Finally, recognizing the warning signs and calling 911 are crucial when it comes to limiting the severity of a stroke.

**The American Stroke Association promotes the F.A.S.T. acronym to help people remember what to do:**

- **F – FACE DROOPING** – have the person smile – is one side drooping?
- **A – ARM WEAKNESS** – have the person raise his or her arms – is one arm drifting down?
- **S – SPEECH DIFFICULTY** – have the person repeat a phrase – is the speech slurred? Or is there difficulty in finding words?
- **T – TIME TO CALL 911** – call 911 IMMEDIATELY.

WIKTORIA WAWRZYNIAK, 2F

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MARCH 2020

## EASTER IN POLAND

This year we celebrate Easter on 12<sup>th</sup> April. This is the oldest and the most important Christian festival that celebrates the paschal mystery of Jesus Christ i. e. his passion, death and resurrection.

At that time kids have a lot of fun because they prepare the Easter basket. We must prepare some eggs, bread, sausage, horseradish and salt. We sometimes add to our baskets e. g. cheese, ham, chocolate eggs and sweet lamb which is made of sugar to our baskets.

On Monday kids have a lot of fun because they pour each other with water using e. g. water guns. It is amazing that such a simple Polish custom is so much fun for children and adults.



Julia Gąsiorowska kl. IBg

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# MARCH 2020

## *Recipe for carrot pie*

**Preparation time :** 60 minutes

### **Ingredients:**

#### **Cake:**

- 300 g carrots
- 3 eggs
- 180 g sugar
- $\frac{3}{4}$  cup oil
- 250 g flour
- 1 teaspoon baking powder
- $\frac{1}{2}$  teaspoon gingerbread spices
- $\frac{1}{2}$  teaspoon cinnamon



#### **Cream:**

- 250 ml 30% cream
- 250 g mascarpone
- 2-3 spoon powder sugar
- pinch cinnamon

**All ingredients should be in room temperature.**



## ***How make carrot pie?***

**1.** Eggs beat on high speed mixer. Gradually add sugar, all time mixing. Add oil and lower speed mixer.

**2.** Add dry ingredients: flour, baking powder, gingerbread spices and cinnamon. Mix carefully. Add also grated carrot.

**3.** All mix on low speed mixer.

**4.** Bake the cake for 45 minutes in 180°C temperature.

**5.** Beat cool 30% cream. Add powder sugar, cinnamon and mix.

Finally add mascarpone and mix.

**6.** Cream put on cool cake and put into a fridge.

K.Sz

When people are sitting at home and you get bored, help comes to you

## ***Recipe on Oatmeal Cookies***

### **Ingredients**

- ❖ 1 egg
- ❖ 0,5 block of butter
- ❖ 0,5 cup of sugar
- ❖ 0,5 cup of wheat flour
- ❖ Cranberry (any amount)
- ❖ 2 cups of oat flakes
- ❖ Sunflower (any amount)



### **STEP 1**

add the egg and sugar to the bowl and mix

### **STEP 2**

Then add butter and flour and mix

### **STEP 3**

Add cranberry and oatmeal to the dough in the bowl

### **STEP 4**

mix all ingredients thoroughly. There must not be any lumps of flour.

### **STEP 5**

We make small balls from the dough. We put the balls on a baking tray lined with baking paper

### **STEP 6**

sprinkle the balls with sunflower seeds

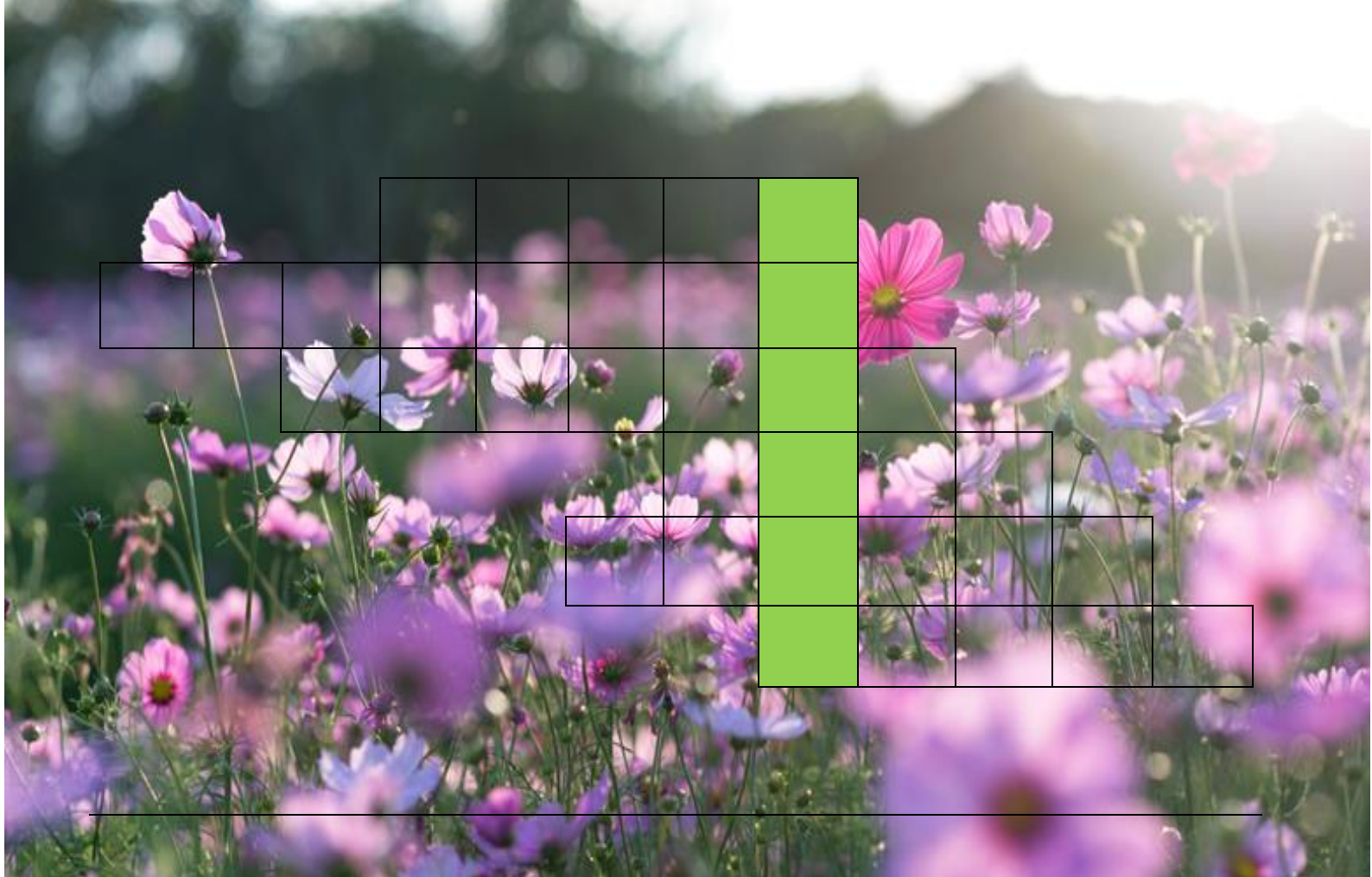
*We bake in a preheated oven to 170 degrees.*

*Time 25 minutes*

K.

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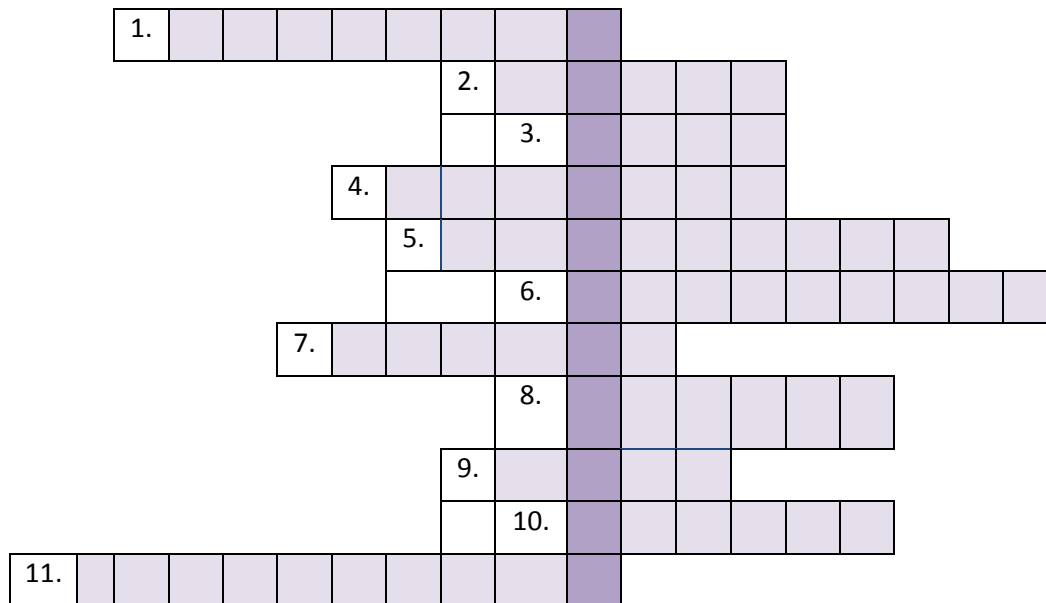
1. ... are coming back from warm countries.
2. It is colorful, grows in the ground and it isn't afraid of snow.
3. ... bloom in spring.
4. We have ... weather in spring.
5. On 13<sup>th</sup> April we celebrate Easter... .
6. There is full of ... colour everywhere.

Julia Gąsiorowska kl. IBg

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# House



1. A house which has only one floor.
2. You are separated by this from your neighbors.
3. It is green.
4. You eat your meals there.
5. A shelf for a keen reader.
6. It is owned by lazy people who do not want to cook.
7. Because of that the room is cosy.
8. .... the carpet!
9. It protects the house from rain and storm.
10. You will see your reflection there.
11. A house which is in a village.

Ola Kaczmarek, kl. 1AC



**sleepy sunshine breakfast  
and when the night began  
you started getting sleepy  
and you were so precious  
we were talking for long  
hours about nothing  
we were looking to each  
other eyes  
with funny feeling  
and you knew then that it  
won't be our last breakfast  
you knew it, sunshine**

**Cherry, 1Bg**