

When Björn Ulvaeus, Benny Andersson, Agnetha Fältskog and Anni-Frid (Frida) Lyngstad decided in 1972 to form a band, each of them, in their native Sweden, had already been successful in the music market. But as ABBA, they managed to drink the hearts of international audiences, and the song "Waterloo", which won the 19th Eurovision Song Contest, opened the door to their world career. The next well-known hits of the band are: "Money, Money, Money", "Mamma Mia", "Knowing Me, Knowing You", "Thank You For The Music", "One Of Us" and "Dancing Queen". We have been able to hear them all over the world to this day.

In early September, the vocalists of ABBA announced their return after 40 years. They came back with a new album "Voyage". Before its premiere, they had shared three songs:

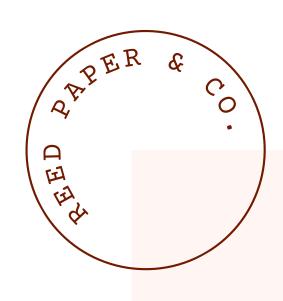
"I Still Have Faith In You", "Don't Shut Me Down" and "Just a Notion".

The band has also announced special concerts where they will perform as digital avatars at the special ABBA ARENA hall.

The hall is located in Queen Elizabeth Olympic Park, London, and has a capacity of 3,000. The concerts will start on May 27, 2022. Viewers will hear the band's most famous hits and a few new songs. ABBA, despite such a long break, still enjoys great popularity. Over 80,000 copies of the album and 250,000 concert tickets were ordered within three days.

Are you also happy about ABBA's great comeback?





STAY HEALTHY IN WINTER!

Winter is the time when we need to take special care of our health, because we can catch various colds and other ailments. How to take care of your health in winter to avoid any bad diseases?

Firstly, we need to dress appropriately for the weather. It is worth having a warm and comfortable jacket, hat, gloves and sweaters. Our feet often get cold quickly, so we must also buy warm shoes. Secondly, it is worth taking care of the body's resistance and eating meals rich in vitamins and minerals. We should eat vegetables and fruit with vitamins A, D and C, and drink tea with ginger and honey. In addition, I think we should spend some time on physical activity to improve our well-being. Even a half-hour walk is enough to feel better.

I would like to encourage all of you to stay healthy in the winter and I hope you will use some of my methods. Let's fight with various illnesses and not let viruses attack us.

OLA STANIKOWSKA IIIE

"HERE'S JOHNNY!", JACK SCREAMED LOUDLY...

Imagine this: In the mountains of Colorado there is a grand and beautiful hotel that has to be closed for the winter because of the weather conditions. Every year the owner looks for somebody to take care of his property until the hotel re-opens. It seems like a perfect job, so your father agrees quickly and takes you and your mother with him to live there. Everything is going alright until the twins show up and you start to "shine"...

This short story describes Stanley Kubrick's movie called "The Shining". It's a film adaptation of Stephen King's novel with the same title. Although the movie and the book have identical names they are very different and their endings focus on separate problems.

At first this production wasn't very well received, because it didn't fit the concept of standard horror at the time. However, now it's seen as a must-watch if you are into scary movies. The most fascinating thing about it is the work of camera. After watching it for the first time, I was mainly paying attention to the story. During my rewatch I caught huge amount of details I'd missed before eg. missing furniture, a painting in the background. All of those things might've seemed like a mistake or something unimportant. However, everything had been planned which made the movie even more disturbing.

What do you think about it? Are you willing to find out the misery of the twins and so called "shining"?







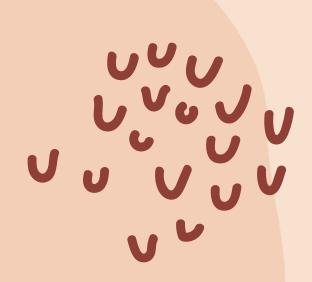
The charms of VVVV Wrocław



Poland is a beautiful country with many amazing cities. One of the wonderful cities is Wrocław, where I have been on a trip recently. An interesting thing is the figures of dwarfs. They are small creatures that are placed in different places of the city, for example on window sills or on street corners. Each of the dwarfs is different and has different items, such as a fountain pen and a piece of paper or a ball tied to his leg just like a dwarf in Więzienna Street.

In this city, a great option is to visit the Neon District. It is a place where many colorful advertisements are placed. It is best to go there in the evening because then the place is bright and looks amazing and you can take great and unique photos there. In Wrocław there are many old monuments, colorful houses, bridges and sculptures that give this city wonderful atmosphere. I think that it cannot be described so well here and it is definitely better to visit this city and see everything with your own eyes. I think you will like it for sure.

KJ





Ingredients:

- -2 packs of vanilla pudding
 - -3 packs of mascarpone
 - -2 packs of biscuits
 - -2 bars of chocolate
 - -A jar of peanut butter
- 1 packs of powdered sugar
- can of butterscotch mass

The first mass:

Add 1.5 packs of mascarpone to prepared vanilla pudding with 4 spoonfuls of sugar. Mix everything together.

The second mass:

Add 4 spoonfuls of peanut butter with a little of butterscotch mass to 1.5 packs of mascarpone. Mix everything together.

The first step:

Spread baking paper on a baking tray. Lay the biscuits on the baking tray Cover the biscuits with butterscotch mass and add the first mass.

The second step:

Put another layer of biscuits on this. Cover them with butterscotch mass and add the second mass.

The last step:

Cover everything with butterscotch mass. Decorate with melted chocolate and enjoy your meal.

Natalia Zych IIIBg

kwestia smaku



Paulina Półrola II E

A recipe E

When it blows outside and it's freezing cold, we get tired, sleepy and averse to everything. Such conditions are conducive to despondency. What to do to cheer yourself up?

I'm convinced that the best option would be spending a cold evening with friends. The company of loved ones will dispel the fog of sorrow. You can then play board games, which is great fun, or just chat about your own affairs. An unusual and equally pleasant activity is creating art

together, for example preparing a performance for other friends or for yourself. You can write a script yourself or modify your favorite drama, and also make your own set design - it will never be boring!

If you hide at home from bad weather alone, you are also not doomed to grief. At the beginning, how about a cup of autumn tea? The preparation of the drink itself may be more interesting than it seems. It's enough to get carried away by your imagination - add a little cinnamon, ginger, pumpkin essence and everything you like and associate with colorful autumn, not the one outside your window. Then all you have to do is savor your own creation.

Some people think that reading books in the evening is a symptom of autumn blues. Or maybe this is the way to deal with it? Personally speaking, an escape into an imaginary world makes me enjoy and inspires me. However, this issue depends on individual opinion.

For sure, everyone made chestnut figurines when they were in kindergarten, didn't they? This play doesn't have to stay in the past. Autumn gives us a lot of materials. Let's not let them lie and get wet in the streets! I've come up with a proposition to create home decorations or at least a small exhibition of autumn gifts. A nice decoration for any table can be a bouquet of roses made of leaves or a structure with a pumpkin in its center. Finished works can be given to friends. Such fun will not only allow us to forget about the cold but also brighten up your house.

What else comes to your mind when you think of ways to spend fall evenings? Of course, there are many other ways. Nevertheless, the presented suggestions will surely make it warmer in every respect. It's worth a try!



Amelia Sujata II E

THE WORLD OF IMAGINATION

A big number of people still think that reading is boring and useless. Why do we even have to analyze literature at school? The problem is that this part of the population hasn't discovered the power of imagination yet. The question is why?

A lot of us see reading as a try of decoding famous "what the author meant?" hidden behind no longer used words and a weird writing style. But there are so many modern books which tell stories about our times and our problems. They are really easy to understand and can make you teleport to another world for some time. We have a chance to explore the magic universe of elves, follow the adventures of the detectives or fall in love with stories. Books aren't boring, they are the perfect cure for boredom!

I hope that more and more people will see that the world of their imagination is at hand, and they can have so much fun from reading. advise you to take a look at your bookshelf, maybe you will find something interesting? Also, you can use the internet to find perfect recommendations. Just try because, I'm telling you, it's worth it.

Maria Małachowska Ic



Tart with white chocolate and blueberries

Ingredients:

- 150 grams white chocolate

- 70 ml cream 36%

- 70 grams natural yogurt

- 220 grams blueberries

Fragile bottom:

- 120 grams butter

- 1 teaspoon salt

- 80 grams icing sugar

- 30 grams almond flour

- 1 egg

- 220 grams wheat flour

Preparation:

- Start by preparing the flaky bottom. Rub the butter with powdered sugar, a pinch of salt, add the almond flour and the egg. Mix everything briefly until the mixture becomes smooth. Now add the flour and mix briefly until the ingredients are combined. Put the cake in the fridge for 1 hour.

- Roll out the cooled dough thinly, put a tart tin with a diameter of about 30 cm, prick it with a fork and bake at 170 degrees C for about 10-15 minutes until it is tender and golden.

- Boil the cream, add the broken chocolate and blend with a hand mixer. Add yogurt and mix again. Put the cream aside until it cools down and beat it as if you whipped cream.

- Put the cream on the tart, garnish with blueberries.

Bon Appetit!

Karolina

ATMOSPHERE AT SCHOOL



Have you ever been bullied at school? In my opinion feeling good at this place contributes as much to the success of students as the curriculum.

The first thing that we should do is accept other people. We can't evaluate other people on the basis of skin colour, appearance, origin or disability. If we respect others, we'll make each other's lives easier.

Next, the same important factor is forbearance on the part of teachers. I don't mean facilitating learning but only giving us awareness that we can come and talk about problems with studying. When teachers feel overburdened and unsure of whether they can meet unrealistic expectations, they preside over insecure atmosphere within their classrooms.

Making school a place where children feel challenged, competent and not tedious is difficult but possible. Students have to work hard but enjoy it. Nowadays many of us worry too much about the grades. This is important to learn how to deal with challenges but it's not the most important thing. We have to remember that everyone is different and we don't have to be the best, but have to be proud of ourselves.

Students often choose specializations at school because they don't know what they want to do in the future. Another problem is that sometimes parents force their children to be, for example, doctors or lawyers. If, in the future, you have a job that you are not happy to do, your work will be tedious and inefficient. You will quickly give up and resign. So remember, it's only your decision and you have to choose correctly.

Natalia Olczyk kl. IC

WIZARD FROM WIELICZKA

Probably many of you have heard about Garri Kasparov - famous USSR and Russian chess grandmaster, now we've got our own Kasparov, but much better. Jan-Krzysztof Duda is a 23-year-old Polish chess player, from Wieliczka. He became famous after winning the 2021 FIDE Championship, beating Siergiej Karjakin and current world master Magnus Carlsen. At the moment he's 15th chess player in the world, while in the Rapid Chess ranking, he occupies 4th position.

What has Janek's path to the top looked like?

He started playing chess at the age of 5, taught by his mum, an amateur player. This game became his great passion very quickly. His first great achievement was winning Polish Under-8 Cup. He spent several hours a day practicing the game. At 14 he won the gold medal of Europe Junior Tournament. Within next few years Jan-Krzysztof has achieved a lot of success on a global level, of which the recent victory at the World Cup is the biggest one. However, this doesn't make him the World Champion yet. To win this title, he must win next year's Candidates' Tournament and defeat the current champion in the match. Janek is also involved in popularization of chess, he helps to organize many tournaments and meets with kids to encourage them to play chess.



The photo shows
Duda playing
against the world's
best chess player
Magnus Carslen

Jan is a wonderful player, he plays very aggressively and precisely, the speed of thinking is also his strength, which often gives him an advantage over opponents. Many insiders believe that he can become the World Champion in the nearest future. I personally keep my fingers crossed for the next successes of our player and I hope that we will be able to watch many more of his great games.

Mikołaj Janik III E

LAST KINGDOM

Are you bored and looking for an engaging TV series to watch? If yes, I'd recommend The Last Kingdom to you!

It's a historical fiction series which premiered in 2015. Currently, there are four seasons you can watch on Netflix and the fifth one is to be released in 2022 (the exact date is unknown). The Last Kingdom is based on The Saxon Stories series by an English writer Bernard Cornwell though it differs from the books, especially in the later seasons.

The story is set in 9th century England which was divided into several kingdoms at that time. It focuses on the conflict between Anglo-Saxons and Vikings who invade their lands. Its protagonist is Uhtred of Bebbanburg, a Saxon captured by Vikings and raised in a Danish household. One of the main storylines depicts him on a quest to reclaim Bebbanburg. The series also follows Alfred the Great, the king of Wessex and his dream to unite all English kingdoms.

I consider The Last Kingdom a fantastic choice for anyone who is keen on history as it involves a lot of real events. It depicts many historical characters such as Alfred the Great, his wife Aelswith and their children Aethelflaed and Edward. This series can also be helpful for people who want to improve their English and learn to understand different accents. To sum up, it's an excellent show which I recommend to all history enthusiasts.

Milena Tomalka IIIE



MYHOBBY IS PLAYING THE UKULELE - THIS IS COOL!

Ukulele is a small guitar. It has 4 strings. When I was a child, I always wanted to learn how to play the ukulele, because I usually didn't have time for it.

Finally, I learned to play the ukulele 2 years ago when we had pandemic in the country. I had a lot of free time, because I didn't go to school, I just learned at home. I have found a small talent in myself. It is not perfection, but with time it will be better. For all these reasons, I love doing it! I recommend trying something new to everyone. It's my hobby and it is great! When I play, I relax and I am very

How have I learned to play the ukulele?

happy!

This is my ukulele.

At the beginning you have to learn chords. There are 4 basic ones - C, G, Am, F. Practise these chords. You can find them on the internet. The best thing, however, is to sign up for a teacher instructed music course. He will teach you how to play the ukulele very fast. Nevertheless, I've learned to play alone with some help of the internet. The thing is to be patient and not to give up!

After a month effects will be surprising!

Ania Barwińska III Bg

WHAT DID ELON MUSK DO TO BE THE RICHEST MAN IN THE WORLD?

He was born on the 28th June in 1971. When he was 10 years old, he bought his first computer. Two years later he created his own software and he sold it for 500 dollars. This program was a computer game called "Blastar". At the age of 17, he went to Canada where he worked in the woods as a woodcutter. Next, he moved to Toronto when he started his first job in IT industry. In 1992 he graduated from the university in Pennsylvania. In 1995 he created a company called "Zip2" . In 1999 this company was sold for 307 mln dollars. Then he was a profitable millionaire. In 2002 Elon Musk was an initiator of PayPal. Then, all his company "Space X" planned how they could bring people to Mars and settle on it. "Tesla Motors" was invented in 2003. It is a company where electric models of cars for everyone are created. They can be for poor people and also rich people. His projects affect the development of the world. Elon Musk is the richest man in the world. Actually, according to statistics, the richest person in the world - he has 208 mld dollars. Soon his wealth can exceed 300 mld dollars. Nina Konsztat III Bg

Langy Diam

Have you ever heard of Princess Diana? Diana, Princess of Wales was born on July 1, 1961 in Sandrimgham. When she was 20 years old, she married Charles, Prince of Wales. Moreover, Diana and Charles had two sons, Harry and William. She died in a car accident in France in 1997. She is currently called the People' Princess, but she is also known as Lady D in the press.

Among the people, she is remembered for her charity work and as a style icon. Lady Diana has always impressed with her unique and elegant outfits. Her wedding dress caused a lot of controversy. Nevertheless, over time, it has been recognized as the dress of the century.

In the early days of her marriage, Lady Diana followed the courtesy rules of etiquette. However, with time, she began to have some fun with fashion. Her fashion styles featured colourful and asymmetrical patterns. Princess Diana liked to show up in total looks. She often wore jackets or women's suits. An integral part of her style was biker shorts, which are still fashionable today. The Princess was often seen wearing blouses with puffed sleeves and trousers.

These days, many women are inspired by Lady Diana's styling. In my opinion, she was a truly beautiful woman with a sense of style and class. Her styling will definitely be remembered for a long time.

Julia Bugajska, III AC



FREEGANISM

Nowadays, ecology is very important. However, have you ever thought about looking for food in rubbish dumps? It seems quite disgusting. However, it is a new way to save money and help the world that is movingtowards a disaster. Freeganism! And what is it? It's an ecological lifestyle of rubbish diving! It looks funny, but it's true. Freeganism is about picking up everything you can from the trash. Sounds crazy. However, we shouldn't think of it as begging. Most freegans don't do it because of a bad financial situation. Every year tons of food is wasted. Supermarkets throw away a lot of food for different reasons. Most often because it looks bad on the shelves. So for this reason, this food ends up in rubbish bins. Whether it's food, flowers or even objects, it doesn't matter. It's terrible how much food is thrown away and some people have nothing to eat! Many people are starving in the street because most of the food produced is thrown away=wasted. So for this reason, it ends up in rubbish bins. Freegans take care not to waste food. They also save money. However, we shouldn't think that they are just picking up trash in the street, because that's not true, all the stuff they find is in the bins at the shops. Freegans do not collect spoiled food. Freeganism has become extremely popular and has become a trend among people. On social media, people show what they have found and there is a lot of advice for beginners.

The activities of freegans and their focus on food waste, among other things ,are slowly having an effect. This is quite a controversial topic. Would you take up collecting food from the trash? Wiktoria Migodzińska





Science or sport?

We sometimes look for new ways to learn and have fun at the same time. It could be difficult to do.
Nevertheless, I came up with and implemented the idea od making an outdoor game for grades 1 and 2 in our school!



My goal was to organize an outdoor game that would allow me to broaden my knowledge of HIV and AIDS through physical activity. After a long break from PE lessons and contact with nature, the participants had the opportunity to get closer to them again, and maybe develop their current passions. Using a map, the participants could score points by answering specific questions related to the subject of the competition, which were hidden in designated places. The game time was limited, which was an additional difficulty for the participants. The team with the most points and the shortest time was the winner of the outdoor game.

Everything happened as planned and additionally I made others happy. All this contributed to the development of my talents and the talents of the participants. I hope someone will also implement a similar idea and have fun doing it!

How an orphan became a Queen-

N°1: Introduction of fashion

In our times almost everybody has heard about 'Chanel' brand, but did you know that Coco Chanel was an orphan and how she became successful? No? So, it's time you read this article!



N°2: Childhood

Gabrielle Chanel was born in a poor French family, and after her mother died, her father abandoned her and the other children. She was growing up in a monastery in Aubzaine. When she became adult, she sang in a night club, because she needed money. And there's her nickname: 'Coco' from a song which she sang.

N°3: True love

At one moment of her life she met her rich friend, who Introduced her to his friend Boy Capel. Gabrielle and Boy fell in love with each other. Finally, he gave her money to buy a boutique, that's how Coco started to be famous. She was making simple and elegant clothes, and began wearing trousers, and that was a tremendous revolution, because at that time women didn't wear trousers. With time she was one of the most popular designers. Her partnership was marvelous, but ended when Boy died in a car accident.



After a long depression Coco started making her idea to produce the best perfumes in the world. And

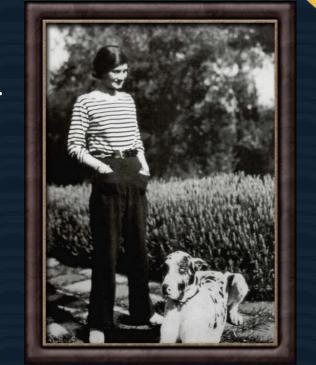
after two years of her work she made her dreams come true (even in our times her perfumes are the best known body product.) She named them Chanel N°5,

because 5 was her lucky number

That's how she became the best known fashion designer in the world.

N°5: Death

She died in 1971 and she's still an icon of fashion and her brand is one of the most famous in the world.



KAMIL FIJOŁEK

LOSSBALANCE

Did you know that Poles as a nation had to fight for freedom many times? Almost every Polish uprising has ended in defeat. It was the same with the Warsaw Uprising in 1944.

The Warsaw Uprising began at 5 p.m. on 1 August. The commander of the uprising was General Bór-Komorowski.

Some historians believe that the uprising should not have taken place because the Polish Underground State was not sufficiently prepared and was doomed to failure from the start.

There is no doubt that the Nazis dominated when it came to the number of soldiers. However, their advantage did not matter to the Poles, as the uprising was their biggest opportunity for armed struggle since 1939. Although Polish soldiers initially took control of Warsaw, the Nazis quickly put up a fight. Furthermore, the Poles received no help from the Allies. As soon as the Nazis came to fight, the Polish resistance movement was unable to continue with the same strength and motivation as at the beginning. Within weeks, many young Poles were murdered. Although the exact number of victims is unknown, it is estimated that around ten thousand Polish soldiers and two hundred thousand civilians lost their lives. To this day, the people of Poland remember the events of August 1944. For me, however, the most important question remains what would have happened and what would the life of people in Poland have been like if Warsaw had received help in August 1944.

Radosław Długoszewski, III AC



3 4 6 7 8

AUTUMN

Across:

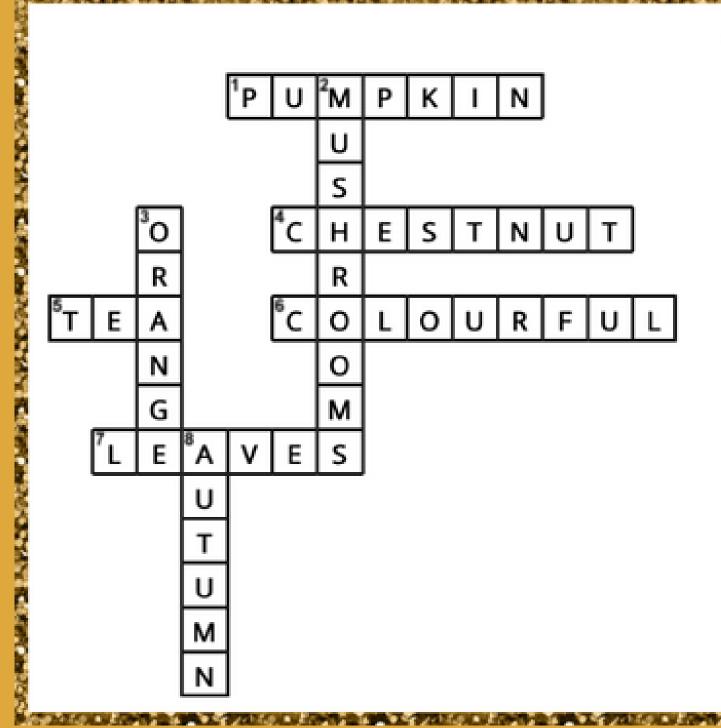
- 1. Shapes are cut out in it and prepared for Halloween.
- It has a green, pointed skin on the outside and brown on the inside.
 - 5. In cold weather, it is best to warm yourself with...
 - The trees are ... at this time of the year.
 - 7. They fall from the trees when the wind blows.

Down:

- 2. They grow up after rain in the forest.
- 3. The leaves on the trees are mostly red, ... and yellow.
 - 8. Season that begins on September 23.



THE ANWERS ARE HERE!



AUTUMN

Across:

- 1. Shapes are cut out in it and prepared for Halloween.
- It has a green, pointed skin on the outside and brown on the inside.
 - 5. In cold weather, it is best to warm yourself with...
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